

CIBTAC / SDTC
LEVEL 4 AWARD IN SKIN HEALTH
ASSESSMENT FOR AESTHETIC
PRACTITIONERS
(CSDA03)

SYLLABUS
QAN 603/0158/2

1. Structure of the Award

1.1 The structure of the Award is made up of one mandatory unit and one optional unit.

1.2 The Mandatory units are as following:

SDT03: Provide investigative consultation and advanced skin assessment

The optional unit is as follows:

SDT04: Principles and practice of the Medispa Sector

2. Strategy for Delivery

2.1 The strategy for delivery of the units that make-up the Level 4 Award is based upon a blended learning approach. It is usually delivered through online distance learning modules with face to face delivery of practical skill. Each unit is divided into modules. The course consists of knowledge only modules for the unit SDT03.

2.2 Delivery of the program may vary according to the centre and may be delivered in any format that supports the Total Qualification Time of 103 hours.

2.3 The Level 4 Award has a total minimum number of 75 GLH. This may include training workshops or seminars, e-learning, distance learning or self-study.

MANDATORY UNIT TITLE	GLH
SDT03: Provide investigative consultation and advanced skin assessment	75
TOTAL	75
OPTIONAL UNIT TITLE	GLH
SDT04: Principles and practice of the Medispa Sector	32

2.4 The Level 4 Award is made up of a minimum 75 GLH.

2.5 The mandatory unit within the Level 4 Award is a preparation for work unit based on competence and knowledge.

3. Assessment Strategy

3.1 CIBTAC/SDTC qualifications are assessed through a combination of internal assessment carried out by the delivering centre and external assessment strategy carried out by CIBTAC examiners.

The assessment methodology for the Level 4 Award consists of seven parts detailed below:

1. Underpinning Knowledge for this Level 4 Award will be assessed in the first instance through a series of consolidation and formative Multiple- Choice Question Tests.
 - There will be one test per module in all units of the course, which will be delivered through the bespoke online platform. They will be completed and marked automatically online, following each module of study.
 - Tests will be timed. The timing allocated for each test will be detailed through the online delivery platform.
 - Learners will need to pass each test. Each test has a pass mark of 60%. After the test has been submitted % marks will be provided instantaneously to the learner through the online system.
 - Tests will be graded. See the table 3.3.i Learners will be expected to notify the course tutor at the delivering centre of their grades for each and every test and record their grades on the mapping sheet provided in the portfolio.
 - Learners not reaching the 60% pass mark will need to take another test.
 - Second tests will assess the same content but questions will vary.
 - For any learners not reaching the 60% mark on the second test, a third and final test must be given to ensure the learner has the opportunity to achieve the pass grade.
 - It will be the responsibility of the delivering centre to provide appropriate learner support to assist all learners through this stage of the assessment process. Centres must be tracking learner success and give additional support to learners who are needing to re-sit tests.
 - After this time centres may use oral questioning or written questions to ensure knowledge of the unit content is complete. Oral question and answers will need to be documented.
 - Evidence of this part of the assessment process must be captured in the course portfolio.
2. Underpinning Knowledge for this Level 4 Award will also be assessed through the completion of course workbooks for units SDT03 and two, 2000 word assignments for SDT04 (optional unit).
 - The workbooks can be completed on-line or they can be printed by the delivering centre and completed as a hard copy document.

- Learners must forward completed workbooks to internal assessors for marking.
 - Workbooks will be marked internally by delivering centre assessors and sampled by the CIBTAC examiners.
 - The workbook and marking evidence must be presented in the course portfolio.
 - The unit SDT04 (optional unit) – Principles and Practice of the Medispa sector, will be assessed through two, 2000 word assignments. These assignments will be marked internally by qualified tutors and sampled by the CIBTAC examiners at the end examination date.
- 3.** Practical skill competency will be assessed by the delivering centre assessors.
- Learners will take part in practical sessions at which skill competencies as relevant to the course will be taught and internal assessment will take place to prepare learners for the end practical examination conducted by CIBTAC external examiners.
 - Evidence of practical skill competency and examination preparation should be evidenced in the course portfolio.
- 4.** Learners will not be required to complete course case studies for the units in this Award, which evidence further treatments and contextualising knowledge.
- Case study requirements, will be set by CIBTAC/Sally Durant Training and Consultancy.
 - Case Studies will be marked internally by delivering centre staff.
 - Marked case studies must be evidenced in the course portfolio and presented at the final examination date.
 - The CIBTAC external examiner will sample portfolios.
- 5.** Learners will compile a course portfolio in which all the assessment evidence will be captured.
- All portfolios must have been checked and the assessment content marked by the delivering centre before they are presented to the CIBTAC examiner.
 - The course portfolio will be presented to the CIBTAC examiner at the end of course examination.
 - The external examiner will sample portfolios.

External Assessment Strategy

6. Underpinning Knowledge for this Level 4 Award shall will be also be assessed through;
 - A synoptic end of course MCQ test paper that will be taken at the end of the course examination date. This test will be externally marked by CIBTAC and results will lead to grading marks, see table 3.i.
 - The CIBTAC examiner will sample course portfolios.

The features of the final external MCQ tests are:

- a. The format of the MCQ test will be determined by the domain of learning (Knowledge, Understanding and Application) on which the learner is to be assessed.
 - b. The MCQ test will consist of questions to cover knowledge of the unit content.
 - c. The MCQ test will be marked out of 84 questions.
 - d. Each MCQ paper will be composed of MCQs with 1 correct answer and 3 distractors.
 - e. Each MCQ paper will have a maximum of 2 hours in which it can be completed.
 - f. Learners will be expected to gain a minimum of 60% in the final external MCQ test.
 - g. Results of MCQ assessment will be made available within 6 weeks following the exam date.
7. Practical skill competency will be assessed through;
 - Visual observation and assessment at an end of course examination. (This will be the same date as the end of course MCQ test paper).
 - All skill competencies, as appropriate for the course, will be assessed on the final examination day.
 - Schedules will usually be set by the CIBTAC examiners.
 - Examination schedules may also be proposed by the delivering centres and CIBTAC examiners will verify any changes they want to make. CIBTAC examiners reserve the right to decide the order of the final examination day.
 - All practical skills as appropriate for the course will be observed on the final examination date.
 - Scores will be aggregated and will form the final practical grade- See table 3.ii for grade boundaries.

3.2 Retake policy

If the Candidate is unsuccessful at the first attempt of an examination, they may receive a unit certification for successfully achieved units and/or be required to re-take the failed units. This applies to both practical and theory, although this is a knowledge only course. Candidates will have a total of 3 attempts at examinations. Candidates who are re-taking their examinations may be entered separately or mixed with Candidates taking the examination for the first time. There is a fee for any re-takes.

3.3 The grading schemes are as follows:

- i. CIBTAC operates the following grading scheme for Multiple Choice Theory examinations

Grade	Mark range	Description
Distinction	Marks of 85% and above	Extensive / detailed knowledge of subject
Merit	Marks of 75% - 84%	Adequate understanding of subject
Pass	Marks of 60% - 74%	Basic understanding of subject
Fail	Marks of 59% and below	Poor understanding of subject

- ii. CIBTAC operates the following grading scheme for the final synoptic practical assessment-

Grade	Mark range	Description
Distinction	Marks of 85% and above	Exemplary application of practical treatments. Excellent consultation with detailed explanation of treatment plan adapted to meet the client's needs. Outstanding client care.
Merit	Marks of 75% - 84%	Good application of practical treatments. Good consultation identifying the some of the client's requirements.

		Good client care throughout the treatment.
Pass	Marks of 60% - 74%	Basic application of practical treatments. Brief consultation and treatment plan provided. Satisfactory client care.
Fail	Marks of 59% and below	Poor application of practical treatments. Unsafe working practices. Not meeting commercial standards. Poor consultation with limited understanding of client's needs. Poor client care.

3.4 The above grade descriptors give a general description of responses the examiner expects to see throughout practical examinations. Marks will be allocated according to the mark scheme which will guide how examiners will mark each question.

3.5 The following equipment is required for the learner to produce the work relating to practical units, however please see specific equipment required for each unit in section 4 of this document, which outlines unit specifics:

- Computer to access the on- line course.
- Delivering centre to provide treatment room/s for the practical elements of the course with accompanying equipment and products to include:
Equipment - Couch, stool, chair, trolley, illuminated magnifying lamp, camera, towels, couch roll, consultation and informed consent documentation with accompanying storage facility (electronic or physical), pens.
Products - A range of cosmeceutical cleansing products, exfoliating products, massage mediums, treatment masks, serums, moisturisers and sun protection products.
- Delivering centre to provide theory space for the mock MCQ exams and the final external MCQ exams to take place with the CIBTAC examiner.

3.6 No specific products will be needed for treatments as outlined in the centre agreement document for this Award as all units are theory based.

Related Hygienic, Safe & Environmentally Sustainable Working Practices

This course is a blended learning course consisting of both knowledge and practical units.

3.7 CIBTAC examiners will visually assess that all learners working practices are compliant with the relevant Health and Safety legislation for the country they are in and such practices are consistently and relevantly applied to the treatment performance.

3.8 The learner must be taught the relevance of the following information and their responsibilities in law in relation to the country within which the qualification is taught and the particular legislative requirements of the following UK Acts, or their country's equivalent: The education provider is responsible for translating this information and ensuring knowledge and understanding of any other regulatory requirements particular to their country, in addition the education provider is responsible for identifying and signposting any comparable legislation particular to the safe practices and working conditions of the country they are in, including the age definition of a "minor". The following information relates to the laws and regulations of the British Isles and the importance of:

- o The Precautions Act
- o Health and Safety at Work Act
- o Health and Safety (First Aid) Regulations
- o The Manual Handling Operations Regulations
- o The Personal Protective Equipment at Work Regulations
- o The Provision and Use of Work Equipment Regulations
- o The Control of Substances Hazardous to Health Regulations (COSHH)
- o The Electricity at Work Regulations
- o Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)
- o The Equality Act 2010
- o Data Protection Act 2010
- o The Regulatory Reform (Fire Safety Order)
- o The Environmental Protection Act

- o The Management of Health and Safety at Work Regulations
- o The Health and Safety (Information for Employees) Regulations
- o Adhere to all product safety precautions and manufacturers' instructions
- o Legislation which relates to the work being carried out
- o Legislation which relates to the storage and use of Client data
- o Hygienic working practices to minimise the risk of cross infection
- o Ensure that informed and signed parent or guardian consent is obtained for minors under the age of 16 prior to any service
- o Ensure that a parent or guardian is present throughout the services for minors under the age of 16

3.9 Environmental & Sustainable Working Practices

- o Reducing waste and managing waste (recycle, reuse, safe disposal)
- o Reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)
- o Reducing water usage and other resources
- o Preventing pollution
- o Using disposable items
- o Using recycled, eco-friendly furniture
- o Using low chemical paint
- o Using organic and allergy free products
- o Using environmentally friendly product packaging
- o Choosing responsible domestic products (Fairtrade tea and coffee)
- o Encouraging carbon reducing journeys to work

MANDATORY UNIT - 1

UNIT TITLE	PROVIDE INVESTIGATIVE CONSULTATION AND ADVANCED SKIN ASSESSMENT
CIBTAC/SDTC UNIT CODE	SDT03
OFQUAL QAN	J/615/0639
UNIT TYPE	Mandatory
CREDIT VALUE	10
UNIT AIM AND PURPOSE	
<p>This is a blended learning unit in which knowledge is delivered through audio-visual presentations via a bespoke online learning system and assessed through a combination of both internal and external methods.</p> <p>The learner will complete the course portfolio that will evidence the course learning outcomes and assessment strategy. It will evidence successful completion of the online multiple-choice questions, the course workbook and evidence of the practical skill competency. This course will also be assessed externally through a multiple-choice question test paper taken at the end of course examination.</p> <p>This unit is designed to ensure that the learners knowledge and skill in relation to client/ patient consultation and analysis of skin condition and type, is appropriate for practitioners carrying out clinical aesthetic treatments.</p> <p>This unit will review basic knowledge and skill as might be present for anyone either already working in the sector or with a level 3 beauty therapy qualification but equally, it will ensure any learner with no sector experience or qualifications, can be given appropriate knowledge and skill as required for clinical aesthetic practice.</p> <p>This unit can be taken as an Award qualification its own right but it also forms one of the mandatory units in the following CIBTAC/SDTC Certificate and Diploma qualifications;</p> <p>CIBTAC Level 4 Award in Skin Health Assessment for Aesthetic Practitioners</p>	

CIBTAC Level 4 Certificate in Advanced Skin Studies and the Principles of Aesthetic Practice

CIBTAC Level 4 Diploma in Advanced Skin Studies and the Practice of Chemical Skin Peeling and Micro-Needling

CIBTAC Level 4 Diploma in Advanced Skin Studies and Clinical Aesthetics

Due to the importance of this unit it is necessary for it to be delivered separately; however, it would be good practice to embed and apply the knowledge gained here into all of the practical units for all the CIBTAC/SDTC qualifications.

UNIT INTRODUCTION

This unit will reinforce and embellish the learner's understanding of their individual responsibilities and those of the multidiscipline team within the clinical environment in relation to health and safety, legislative issues and UK government guidelines. This will ensure that necessary processes and procedures involved in dealing with health and safety, hygienic practice, risk assessment, preparation of the clinical environment and professional ethics and codes of behaviour are put into place and followed.

This unit will also reinforce and embellish the learner's understanding of elementary anatomy and physiology, microbiology and the basic principles of pathology, biochemistry, pharmacology, biophysics together with consultation practices and psychosocial support of the client / patient.

Learners will learn the principles of informed consent with an additional appreciation of 'request for treatment' consent, clinical photography and evidence-based practice, working in a team context, clinical governance and accountability.

The equipment and products required for the completion of this unit are as below:

- Computer to access the online course.
- Delivering centre to provide treatment room for the one- day practical element of the course with accompanying equipment and products to include:

Equipment - Couch, stool, chair, trolley, illuminated magnifying lamp, camera, towels, couch roll, consultation and informed consent documentation with accompanying storage facility (electronic or physical), pens.

Products - A range of cosmeceutical cleansing products, exfoliating products, massage mediums, treatment masks, serums, moisturisers and sun protection products.

- Delivering centre to provide theory space for the mock MCQ exams and the final external MCQ exams to take place with the CIBTAC examiner.

LEARNING OUTCOME 1: Understand investigative consultation and advanced skin assessment and contextualise the importance to aesthetic treatment.

Module One LO 1.1-1.4, Module Two LO 1.5 & 1.6, Module Three LO 1.7

1.1 State the meaning of the terms investigative consultation and advanced skin assessment

- Investigative consultation - gaining and interpreting information
- Advanced Skin Analysis - Zonal analysis to examine and understand the skin fully

1.2 Explain the requirements of the Data Protection Act 1998 as it relates to clinical aesthetics practice

- The taking of information - for the sole purpose it has been given – written, electronic, photographs; storage and safety of data; Registration with Government Information Commissioners Office ICO

1.3 Explain the preparations required for Investigative Consultation and Advanced Skin Assessment

- The 4 P's - Preparation Prevents Poor Performance
- Equipment
- Professional presentation, demeanour and interpersonal behaviour - appearance, posture, mannerisms, language, greetings, listening skills, organisational expectations- appearance to be in accordance with organisational expectations - variances for doctors, nurses, therapists etc. to consider uniforms, hair, nails, jewellery, shoes, personal hygiene;
- The consultation documentation - Analysis of variances - purpose and thoroughness, design, user friendly, standardised, manual/electronic, 'off the shelf' recording documents, or specifically designed organisation records

1.4 Evaluate the consultation and assessment documentation and analyse what can be deduced from a thorough interpretation of client personal information

- Personal contact details, concerns, aims and motivation, occupation and environment, lifestyle, stress and sleep patterns, sun history, general health and medical history, contraindications, previous treatments, product use, space for discussions, signed informed consent element - 'request for treatment' approach, space for further appointment recording
- Buzzwords
- Analysis and interpretation of personal information and its potential influences on skin type and condition and the signs and symptoms of accelerated skin ageing, free radical activity levels, potential for healing post treatment and adaptations that will be required, consider;
 - Address / Town and city living/ rural living, Marital status - lifestyle indicator;
 - Occupation – the adrenalin cycle of stress, working indoors and outdoors, stressors that will compromise barrier function, effects of humectants in dry environments and the effects of habitual activities
 - Working outdoors - environmental aggressors, occupational skin irritations - dermatitis, acne mechanical and inflammation
 - Age - chronological age/premature ageing issues and signs and symptoms. Hormonal issues
 - The Client's perspective - Aims and objectives- expectations, preferences, previous treatment history and satisfaction, previous adverse reactions, psychological wellbeing, existing skin concerns & previous product and treatment choices/history
 - The treatment junkie

1.5 Explain free radicals, free radical damage in the skin and the effects of antioxidants

- Analysis of atomic structure and the changes that take place when free radicals are formed; oxidative pathways and chains of reactivity
- Analysis of both Intrinsic and extrinsic influences
- The nature of an antioxidant and sources; Atomic neutralisation and stability

1.6 Analyse the questions required for a thorough investigative consultation of lifestyle influences on the skin

- Analysis of the effects of sun exposure past and present on;
 - Levels of free radical activity, resultant changes to skin function including MMP activity, oxidation of pheomelanin, neutralisation of Vitamin A receptors, reduction in repair and regeneration capacity
 - On the visible and tactile signs and symptoms of current skin condition and the potential influences on future skin condition. Consider DNA damage and vulnerable skin types,
 - Treatment selection and parameters of treatment
 - Product needs of the client/patient.
- Analysis of the effects of smoking habits past and present on;
 - Levels of free radical activity, resultant changes to skin function including destruction of vitamin C, reduction in blood flow and reduction in repair and regeneration capacity
 - On the visible and tactile signs and symptoms of current skin condition
 - and the potential influences on future skin condition.
Consider DNA damage
 - Treatment selection and parameters of treatment
 - Product needs of the client/patient
- Analysis of the effects of stress levels and sleeping habits past and present on;
 - Levels of free radical activity, resultant changes to systemic functioning in particular endocrine activity and immune system responses and the normal skin functioning and the repair and regeneration capacity of the skin
 - On the visible and tactile signs and symptoms of current skin condition and the potential influences on future skin condition. Consider rashes, adult acne symptoms, dark circles under eyes.
 - Treatment selection and parameters of treatment
 - Product needs of the client/patient.
- Analysis of the effects of exercise habits on;
 - Skin condition – Consideration of healthy levels of activity and the potential for skin improvement and unhealthy levels - free radical activity and the associated negative effects on skin function, repair and regeneration and the visible and tactile signs and symptoms of the skin
 - Treatment selection and parameters of treatment
 - Product needs of the client/patient
- Analysis of the importance of water and the effects other drinks;

- The importance of water to the natural barrier function and natural moisturising factor, for all enzymatic activity, for the formation of the acid mantle, all cellular metabolism, regeneration and repair, for the dissolution of desmosomes and natural desquamation and general skin condition
- Signs and symptoms of skin dehydration
- Effects of caffeine, sugar drinks, alcohol on the skin
- Effects of milk - links to allergies and acne
- Effects of antioxidant teas on the skin
- The importance of a healthy balanced diet for correct skin functioning and metabolism, cellular repair and regeneration and protection from infection and disease;
 - The components of a healthy diet and the relevance of each group for the skin
 - Effects on the skin of low fat diets and crash dieting
 - Topical antioxidants and delivery mechanisms for cosmeceuticals
 - Potential effects of food additives
 - Dietary diversity and potential deficiencies
 - Digestive disorders

1.7 Consider the questions required for a thorough investigative consultation of medical history and general health for establishing the consultation outcome and likely treatment outcome

- Effects on skin condition and the implications for clinical aesthetic treatments, of the named contraindicated conditions; Diabetes, Epilepsy, Hepatitis, Autoimmune disease, Allergies, Bruising, Herpes Simplex, Wounds and scars, Heart, blood and circulatory conditions, Polycystic ovarian syndrome, Skin infections, inflammations and general ill health, Inflamed and infected Acne conditions – Rosacea and Vulgaris, Skin Cancers, Pregnancy and breast feeding, Medications and surgery
- Medications and the impact on and relevance for non-surgical aesthetic treatment - Concomitant medications
- Basic knowledge of the psychology of appearance including the drivers for cosmetic procedure requests.
- Nice Guidelines appropriate to this area including Obsessive Compulsive Disorder (OCD), Body Dysmorphic Disorder (BDD) and other mental health issues - unrealistic expectations

- Managing difficult clients / patients and difficult post treatment situations e.g. heightened emotional arousal, unmet expectations, post decisional regret

LEARNING OUTCOME 2 : Understand the primary skin types and secondary skin conditions and the methods of advanced skin assessment

Module Four LO 2.1-2.2, Module Five LO 2.3 and 2.4 Module six LO 2.5

2.1 Evaluate the causes, characteristics and needs of the five primary skin types

- The importance of Zonal analysis
- Normal skin- characteristics and general responses to treatment
- Oily skin – characteristics and ethnic variations
- Lipid dry skin – causes and characteristics
- Combination skin
- Sensitive Skin
- Implications of these skin types for clinical aesthetic treatment

2.2 Evaluate the causes, characteristics and needs of the secondary skin conditions

- Secondary skin conditions – Acquired - Linked to age, genetics, hormones, ill health and medication, poor diet, lifestyle, poor skin care
- Acne Vulgaris – Visuals - Cause & Characteristics. The acne cycle and the resultant inflammation and infection. The relationship between androgens, sebum, the activity of the P-acnes, bacteria, levels of inflammation and infection, reduced barrier function and hyperkeratosis. Overview of Acne grading. Cystic acne focus. Treatment requirements and limitations for treatment
- Acne Rosacea - Visuals- Causes and main characteristics. Reactive and sensitive nature. Treatment requirements and limitations for treatment
- Mature, Ageing skin & sun damaged skin - Main characteristics and causes of premature ageing. Treatment requirements & limitations - Cosmeceutical skin care and regenerative treatments. The ageing process and the physiological changes that take place in the skin. The sun and overview of effects- Characteristics of sun damage.
- Dehydrated skin – causes and characteristics, nutritional influences

2.3 Explain the manual methods of assessment that can be used to ascertain skin condition

- The four stage approach - Observational analysis - seated, woods lamps, zonal analysis, use of mirrors. Use of photographs. Seated - Allows analysis of

gravitational effects- areas to look and assess. Eyes. Upper and lower cheeks, jaw line and neck. Skin assessment forms and recording. Variances. Benefits of zonal analysis. Complexion analysis reports

- Manual tests & Observational analysis

2.4 Explain the visual characteristics and physiological alterations associated with skin ageing and imbalance

- Visual characteristics of & physiological changes associated with;
 - Loss of structural integrity in the ECM, loss of elasticity, collagen glycation, skin density
 - Skin adhesion, hyperkeratinisation - Dermal hydration & hyaluronic acid-
sSebaceous secretions, the oily and lipid dry skin- Imbalance in the NMF-
Disturbed acid mantle
 - Recognition of - loss of muscle tone & dropped contours, lines and wrinkles, pore texture, skin colour,
 - Types of pigment - open & closed comedones, Milia, Papules & Pustules, Macules, Cysts & nodules & Cystic acne
 - Excoriated blemishes- Acne gradings 1- 5
 - Scars- Atrophic Acne scar tissue, ice pick, box & rolling
 - Seborrhoeic warts, skin tags, moles, normal & recognising malignant changes & Malignant melanoma
 - Blood & Lymphatic circulation, diffused redness and telangiectasia, spider naevi, the lymph glands of the face, Campbell de morgan spots, Rosacea, pigmentation irregularities, Sun damage, Superfluous hair, birth marks, adipose tissue deposits, facial symmetry, darkness around eyes, xanthomas

2.5 Analyse the use of advanced skin assessment equipment and classification scales

- Skin assessment equipment to include;
 - Woods lamp analysis - Characteristics of black light, ascertains characteristics of deeper layers - dry skin, pigmentation variances, hydration levels, congestion and lipid levels, fine skin etc.
 - Visuals. Woods lamp procedure & key benefits. Digital photo imaging, characteristics, ascertain acneic lesions and macular markings, vascular damage, pigmentation, lines and wrinkles, skin texture, sun damage, bacterial levels, congestion. Visuals.

- 3 D imaging and analysis. The Pastiche method measures hydration levels, lipid levels, melanin and erythema.
- PH analysis tools. The mole mate & siascopy, use of LED light to create an image of the key components of the skin.
- Classification scales;
 - The Fitzpatrick scale- History and characteristics. Classifies the skin photo-type and its potential for sun damage. Types 1-6.
 - The Glocou Scale- History and characteristics, assigns a numerical value to the severity of photo-ageing that can be seen. Classifies four levels, slight, moderate, severe & advanced.
 - The Rubin Scale - History and characteristics. Classifies three levels in accordance with depth of visible changes in pigmentation, texture and wrinkling
 - Baumann skin typing - History and characteristics, classifies 16 unique types in accordance with variations in skin limpidity, sensitivity, pigmentation and wrinkling. The Lancer Ethnicity scale- History and characteristics
 - The LES is based on ancestry, skin reaction to light exposure and the calculation of healing efficacy and times. Classifies 5 LES types
- The importance of treatment programming for long term solutions.

LEARNING OUTCOME 3 : Carry out investigative consultation and advanced skin assessment and reflect and contextualise the information to devise safe, effective and ethical skin treatment programmes

Module 7 LO 3.1, Practical assessment LO 3.1

3.1 Carry out investigative consultation and advanced skin assessment, evaluate the client information and devise appropriate skin treatment programmes

- Comprehensive consultation and skin assessment that is recorded thoroughly will provide the opportunity to devise bespoke treatment programs that are more likely to achieve positive results and client satisfaction long term. Programs should be designed to correct skin issues, then maintain results and finally boost results
- Theoretical consolidation exercises
- Practical assessment at the delivering centre. One full day of competency development

UNIT ASSESSMENT

ORAL AND / OR WRITTEN QUESTIONING

This is a practical and knowledge unit in which all learning outcomes from LO 1-3 inclusive are assessed internally through a combination of internal and external methodology;

Internal Assessment

- LO 1-3 are all evidenced through the completion of the course portfolio
- LO's 1.1-1.7 and 2.1-2.5 and are all assessed using Multiple Choice Questions delivered and marked through the on-line learning programme - Pass rate of 60% will be required for each test. Tests are graded- see table 3.3i.
- LO's 1-3 inclusive are all assessed using a written question assessment workbook.
- LO3 will be internally assessed practically by the delivering centre staff and module 7 case study exercises.
- A Centre can decide to supplement the above evidence with oral questions in instances where the learning outcome is at question and is needed to satisfy any additional needs of the learner. Evidence of questions asked and answers given must be provided.

External Assessment

- LO's 1-3 inclusively are assessed using an end of course Multiple- Choice Examination Question paper to be taken on the allocated examination date. These examination papers are taken away by the attending CIBTAC examiner and marked by CIBTAC personnel.

Practical Skill will not be assessed externally on this course.

This unit underpins all treatment skill practice so for learners moving on to practical skill courses, pertinent knowledge elements will be assessed during the face to face element of those courses and during the end examination process that will be carried out by CIBTAC examiners.



OPTIONAL UNIT – 1

UNIT TITLE	Principles and Practice of the Medispa Sector
CIBTAC/SDTC UNIT CODE	SDT04
OFQUAL UAN	Y/615/1004
UNIT TYPE	Mandatory
CREDIT VALUE	5
UNIT AIM AND PURPOSE	
<p>This is a preparation for work and distance-learning unit designed to ensure all practitioners have relevant and current awareness of the medispa sector outside of their own practice.</p> <p>This unit will examine: the treatment modalities and treatment practices being carried out in the medispa environment and the range of cosmeceutical products that accompany treatment and are available to the client. It will also examine the CPD opportunities that exist in the sector and it will ask learners to analyse the benefits and the limitations of treatments and products available to the client and consider the potential future developments.</p> <p>This unit is mandatory unit for the Level 4 Diploma in Advanced Skin Studies and Clinical Aesthetics qualification.</p> <p>This unit is a mandatory unit in the following CIBTAC/SD qualifications:</p> <ul style="list-style-type: none"> • The Level 4 Award in Core of Knowledge for Aesthetic Practice • The Level 4 Certificate in Advanced Skin Studies and the Principles of Aesthetic Practice • The Level 4 Certificate in Chemical Skin Peeling • The Level 4 Certificate in Micro-Needling • The Level 4 Certificate in Non-Surgical Blemish Removal • The Level 4 Diploma in Chemical Skin Peeling and Micro-Needling • The Level 4 Diploma in Clinical Aesthetics • The Level 4 Diploma in Advanced Skin Studies, Chemical Skin Peeling and Micro-Needling • 	

UNIT INTRODUCTION

This unit will ensure all learners have a broad understanding of the medispa sector and the treatments and products that are available to both the clinics and the clients. It will ensure learners have an appreciation of the benefits and limitations of the offerings and consideration of the future developments in the sector.

This unit will ensure that learners are aware of the CPD opportunities that are available to them for the further development of their sector awareness and personal and economic potential.

LEARNING OUTCOME 1: Understand the wider medispa sector outside of own practice

1.1 Evidence awareness of the wider medispa sector outside of own experience.

- Input will provide insight into a range of non-surgical treatment modalities and protocols for both the face and body (This is not a unit that will lead to skill competency)

Modalities - may include, but not be limited to- LED, Ultra-sound, Radio Frequency, Laser and IPL, injectable treatments for muscle relaxation and for reduction of lines and wrinkles and improvement of facial contour, Mesotherapy by fusion, injection and nappage. Hydrafacial and other combination modality equipment, Thread lifting, Cryolipolysis- fat freezing, fat dissolving, micro-pigmentation, tattoo removal, medi-spa facials

- Boundaries for therapists and medical practitioners.
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LEARNING OUTCOME 2: Reflect on CPD opportunities in the medispa sector

2.1 Discuss the CPD opportunities available in the medispa sector

- Exhibitions, conferences, training courses, shadowing, work experience opportunities, trade press etc
- Diary dates, costs and location (where relevant)

LEARNING OUTCOME 3: Explain the benefits and limitations of treatments and products available to clients and discuss potential future developments in the sector

3.1 Explain the benefits and limitations of treatments and products available to clients and discuss potential future developments in the sector

- Effects benefits and indications of selected treatments
- Costs and purchasing options of selected treatments
- Legislative or governance implications for use and installation of selected treatments
- Effects and benefits of main actives in advanced formulations-
To include but not be limited to; Hydroxy acids, Vitamin A, Vitamin C, Other antioxidants, peptides, plant botanicals for lightening and brightening, anti bacterial and anti-inflammatory effects, calming and soothing etc
- Transdermal delivery mechanisms
- Evidence based practice - Clinical studies and analysing research papers
- Costs of selected products
- Future developments- consider looking at trade press, exhibitions and distributor marketing etc
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ORAL AND / OR WRITTEN QUESTIONING

This is a knowledge only unit in which all learning outcomes from LO1-3 inclusive are assessed through a combination of internal and external assessment methodology;

Internal Assessment

- 2** LO's 1-3 inclusive are all evidenced through the completion of the course Portfolio and will show all assessment evidence
- 3** LO's 1-3 and are all assessed through the completion of the course assignments.
- 4** A centre can decide to supplement the above evidence with oral questions in instances where a knowledge learning outcome is at question and is needed to satisfy any additional needs of the learner. Evidence of questions asked and answers given must be provided. A centre may also decide to provide additional opportunities for internal assessment of practical skill to be achieved where centre staff, are of the opinion that skill competency is at question.

External Assessment

- 5** LO's 1-3 are assessed through the course assignments. This work will be sampled by the CIBTAC examiners.

Oral questions may be used in instances where the learning outcome is at question and is needed to satisfy any additional needs of the learner.