



PRACTICAL MARK BREAK DOWN FOR L4 BLEMISH REMOVAL BY THERMOLYSIS AND CRYOTHERAPY EXAMINATIONS

Exam Duration - 1 hour 40 minutes

uniform, hair, shoes, hosiery, nails, jewellery, piercings. 2 Demonstrated good sitting or standing posture throughout the treatment 2 TOTAL 7 (*4) 2. Client Consultation 15 MIN • Established that no contraindications were present and noted any restrictions or adaptations to treatment that might be relevant 2 (*1) • Established skin health and potential for skin healing 3 TOTAL 6 (*3) 3. Completed Procedures for Informed Consent 10 MIN • Completed procedures for informed consent to include: 2 (*1) - Explained benefits and effects of single treatment and regular treatments 2 (*1) - Explained procedures 2 (*1) - Explained both normal and any potential adverse reactions 2 (*1) - Explained potocol for documentation and gained signatures for consent 2 (*1) - Followed protocol for documentation and gained signatures for consent 2 (*1) - Followed protocol for documentation and gained signatures for consent 11 (*1) - Ensured comfort of the client on the couch 1 - Appropriately removed or covered clothing and jewellery 1 - Exposed treatment area with consideration to hygiene and client modesty 2 (*1)	TIMING & ALLOCATED MARKS
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TOTAL 6 (*3)	TOTAL 6 (*3)

	ual Skin Assessment	2 MIN
•	Assessment of overall skin condition as relevant to procedure	2
•	Concluded Fitzpatrick skin type and relevance to procedure	2
•	Assessed skin lesions to be treated	2
Skir	TOTAL Preparation	6 (*3) 3 MIN
JKI		5 10111
•	Disinfected the area to be treated using an appropriate product	1 (*1)
	TOTAL	1 (*1)
Taki	ng Pre-Procedure Photographs	5 MIN
٠	Took accurate clinical photographs pre treatment in line with protocol to include:	
-	Correct lighting	1
-	Correct distance	3
_	Front and side images taken Labelling of photograph	1
_	Observation of sanitation procedures before and after taking photographs	2 (*2)
	TOTAL	8 (Min
Bler	nish Removal Procedure (SWD - KERATOSIS)	12 MIN
•	Gave professional and thorough explanations to client throughout the treatment	2 (*1)
•		
•	Effectively positioned the client and self for the treatment	
•	Effectively positioned the client and self for the treatment Selected the appropriate needle type and size for the lesion/s and area/s to be	2(1)
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	Selected the appropriate needle type and size for the lesion/s and area/s to be treated	2
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	Selected the appropriate needle type and size for the lesion/s and area/s to be treated Safely and hygienically loaded the needle into the holder	2 2 (*1) 2 (*1) 2 (*1)
•	Selected the appropriate needle type and size for the lesion/s and area/s to be treated Safely and hygienically loaded the needle into the holder Selected an appropriate current level to begin treatment Adopted an appropriate technique for the lesion/ condition being treated Made current adjustments to establish a working point to ensure clean and	2 2 2 (*1)
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f Post Removal Procedures	3 MINS
 Safely removed and disposed of used needles to sharps Effectively carried out soothing procedures /dressing as appropriate for the treatment carried out 	3 (*2) 3 (*1)
TOTAL	6 (*3)
g Documentation of Treatment Procedure	2 MINS
Accurately recorded all treatment parameters and outcomes	4 (*3)
TOTAL	4 (*3)
. USING SHORT WAVE DIATHERMY – VASCULAR LESIONS	
a Visual Skin Assessment	2 MINS
• Assessment of overall skin condition as relevant to procedure	2
 Assessment of overall skin condition as relevant to procedure Concluded Fitzpatrick skin type and relevance to procedure 	2
Assessed skin lesions to be treated	2
TOTAL	6 (*3)
b Skin Preparation	1 MIN
	4 (*4)
 Disinfected the area to be treated using an appropriate product 	1(*1)
Disinfected the area to be treated using an appropriate product TOTAL	1 (*1) 1 (*1)
TOTAL d Blemish Removal Procedure (SWD – VASCULAR LESIONS)	1 (*1) 12 MINS
TOTAL	1 (*1)
d Blemish Removal Procedure (SWD – VASCULAR LESIONS) • Gave professional and thorough explanations to client throughout the treatment	1 (*1) 12 MINS 2 (*1) 2
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6f Post Removal Procedures	3 MINS
 Safely removed and disposed of used needles to sharps Effectively carried out soothing procedures /dressing as appropriate for the treatment carried out 	3 (*2) 3 (*1)
TOTAL	6 (*3)
6g Documentation of Treatment Procedure	2 MINS
	2 1411145
Accurately recorded all treatment parameters and outcomes	4 (*3)
TOTAL	4 (*3)
7. USING CRYOTHERAPY	
7a Visual Skin Assessment	2 MINS
	2
 Assessment of overall skin condition as relevant to procedure Concluded Fitzpatrick skin type and relevance to procedure 	2 2
 Assessed skin lesions to be treated 	2
TOTAL	6 (*3)
7b Skin Preparation	1 MIN
 Disinfected the area to be treated using an appropriate product 	1 (*1)
TOTAL	1 (*1)
TOTAL	1 (*1)
TOTAL 7d Blemish Removal Procedure (CRYOTHERAPY) • Gave professional and thorough explanations to client throughout the treatment	1 (*1) 10 MINS 2 (*1)
TOTAL 7d Blemish Removal Procedure (CRYOTHERAPY) • Gave professional and thorough explanations to client throughout the treatment • Effectively positioned the client and self for the treatment	1 (*1) 10 MINS 2 (*1) 2
TOTAL 7d Blemish Removal Procedure (CRYOTHERAPY) • Gave professional and thorough explanations to client throughout the treatment • Effectively positioned the client and self for the treatment • Selected the appropriate nozzle for the lesion/s and area/s to be treated	1 (*1) 10 MINS 2 (*1) 2 2
TOTAL TOTAL 7d Blemish Removal Procedure (CRYOTHERAPY) • Gave professional and thorough explanations to client throughout the treatment • Effectively positioned the client and self for the treatment • Selected the appropriate nozzle for the lesion/s and area/s to be treated • Demonstrated or explained how to load the gas cartridge into the device	1 (*1) 10 MINS 2 (*1) 2
TOTAL 7d Blemish Removal Procedure (CRYOTHERAPY) • Gave professional and thorough explanations to client throughout the treatment • Effectively positioned the client and self for the treatment • Selected the appropriate nozzle for the lesion/s and area/s to be treated • Demonstrated or explained how to load the gas cartridge into the device	1 (*1) 10 MINS 2 (*1) 2 2 (*1) 2 2 (*1) 2 2
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f Post Removal Procedures	2 MINS
• Effectively carried out soothing procedures /dressing as appropriate for the treatment carried out	3 (*2) 3 (*1)
ΤΟΤΑΙ	6 (*3)
g Documentation of Treatment Procedure	2 MINS
Accurately recorded all treatment parameters and outcomes	4 (*3)
ΤΟΤΑΙ	. 4(*3)
8. Aftercare	5 MINS
 Discussed with the client aftercare instructions and recommendations for homecare and further treatment 	6 (*4)
τοται	. 6 (*4)
2. Taking Post-Procedure Photographs	5 MINS
 Took accurate clinical photographs post treatment in line with protocol: Correct lighting Correct distance Front and side images taken 	1 1 3
 Labelling of photograph Observation of sanitation procedures before and after taking photographs 	1 2 (*2)
 Labelling of photograph 	2 (*2)
 Labelling of photograph Observation of sanitation procedures before and after taking photographs 	2 (*2)
 Labelling of photograph Observation of sanitation procedures before and after taking photographs TOTAL 	2 (*2)
 Labelling of photograph Observation of sanitation procedures before and after taking photographs TOTAL 4. Oral Questions 	2 (*2) 8 (*5) 4
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 Labelling of photograph Observation of sanitation procedures before and after taking photographs TOTAL 4. Oral Questions Four Questions with one mark per question 	2 (*2) 8 (*5) 4
 Labelling of photograph Observation of sanitation procedures before and after taking photographs TOTAL 4. Oral Questions Four Questions with one mark per question TOTAL 5. Hygiene Ensured tidiness of the work area throughout the treatment Carried out hygienic procedures throughout Used of PPE according to protocol 	2 (*2) 8 (*5) 4 4 2 (*1) 1 (*1) 1 (*1)
 Labelling of photograph Observation of sanitation procedures before and after taking photographs TOTAL A. Oral Questions Four Questions with one mark per question TOTAL 5. Hygiene Ensured tidiness of the work area throughout the treatment Carried out hygienic procedures throughout Used of PPE according to protocol Disposed of clinical waste appropriately 	2 (*2) 8 (*5) 4 4 2 (*1) 1 (*1) 1 (*1)
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18. <u>SAFETY</u>	
Demonstrated a clear understanding, and application of, safe practice throughout	1 (*1)
TOTAL MARKS	
TOTAL TIME	100 MINS