CASE STUDY BRIEF FOR THE UNIT SDPO1 PROVIDE CHEMICAL SKIN PEELING TREATMENT

Rationale

Practical case study tasks allow the contextualisation of theory to practice enhancing safety and success in the workplace by the development of skill competency and commercial considerations.

Aim

The aims of the case study for the unit SDPO1 Provide Chemical Skin Peeling Treatment are to ensure you can

• show the development of skill competency, post learning
• show full understanding of the treatment requirements, parameters and protocols needed for safe and effective treatment, that will manage skin issues and satisfy client aims.
• evidence the commercial viability of these treatment modalities
• evidence treatment numbers sufficient to be fully compliant with Health Education England (HEE) recommendations for qualifications.

Case study requirements

• You will need EITHER
  
  o TWO clients with different treatment needs. You will need to carry out THREE treatments for both clients- (6 treatments in total). This case study option will give you more chance of being able to document real visible results but it will take about 12 weeks to complete if you carry out your treatments about every 4 weeks. (depending on the product range selected)

  OR

  o Three clients with different treatment needs. You will need to carry out TWO treatments for both clients- (6 treatments in total). This case study option will give you less chance of being able to document real visible results but it will only take about 8 weeks to complete if you carry out your treatments about every 4 weeks. (depending on the product range selected)

Peel product choices

You will need to use product that has been supplied as part of your student kit. However, if you wish to use product from your place of work, please speak to your tutor to verify that it is suitable for use. The peel range you have selected for you case studies will determine the choices you have but wherever possible, the following criteria need to be addressed in your case studies:

• You will need to select different peel formulations for each of the clients
• Try to use a single peel agent for one of your clients and a combination peel for another.
• Try to use a gel peel and a liquid peel (if possible from the range you are using) and evidence more than one application method (brush, gauze, cotton bud applicator)
Case study environment

- You will need to carry out all treatments in a clinical environment where all health and safety requirements can be met. This could be your place of work but if you do not have access to a clinical environment please speak to your tutor who will discuss the options open to you.

Consultation, treatment consents & photographs

- You will need to carry out a full investigative consultation and advanced skin analysis for each of your clients.
- You will need to complete all consultation documentation for each client.
- You will need to gain ‘consent to treatment’ documentation for each treatment and for the taking of photographs.
- You will need to take clinical photographs of the treatments for each case study client to document your work and to show the results of the treatments carried out.

Case study charges

- Clients should be charged a sufficient amount for treatment to ensure your case study reflects commercial considerations

DOCUMENTING YOUR WORK.

You need to choose whether to present your work electronically or prepare it in physical hard copy. Once you have made this decision all your case study material needs to be submitted in that form, not a combination of the two media. It is important to the professionalism of your case studies that they are formatted in sections as described below and all pages and references are numbered.

Prepare all the text elements of your case studies on your computer and organise your work in the sectioned format required. Copy and paste all photographic evidence into the relevant sections and scan and insert all handwritten documentation. – eg your client’s consultation and consent forms. Once completed your case study should be saved on your SALLY DURANT memory card and presented at your mock examination for transfer to your course folder and marking prior to your final exam.

Electronic case study assignments

Prepare all the text elements of your case studies on your computer and organise your work in the sectioned format required. Copy and paste all photographic evidence into the relevant sections and scan and insert all handwritten documentation. – eg your client’s consultation and consent forms. Once completed your case study should be presented at your mock examination for transfer to your course folder and marking prior to your final exam.

Hard copy case study assignments

If you choose to compile a physical hard copy case study, you should type your work to present a professional format. However, should you wish to hand write it, please speak to your course tutor. NB. hand written work must be neat and legible or it will NOT be marked. The principle exception to this rule is the client’s completion of their consultation paperwork and informed consent / request for treatment.
Note
- All work must be spell checked.
- All work must be written in sentence form.

FORMAT OF THE CASE STUDIES

1. TITLE PAGE

2. CONTENTS PAGE

3. INTRODUCTION - You will need to write an introduction to the case study assignment as a whole outlining details of the treatment modality for the case studies you are carrying out.

4. SECTION 1 - CLIENT NUMBER ONE

- Pre-treatment analysis - The investigative consultation and advanced skin analysis documents with photographs.

- Client evaluation - Using the information gained from the investigative consultation and advanced skin assessment, include a detailed evaluation of your client, the conditions to be treated with causal evaluations, the underlying skin health, client aims and expectations and pre & post treatment product requirements.

- Consent and request for treatment – Signed documentation of the client’s consent and request for treatment must be evidenced

- The treatment plan- You will need to devise a treatment plan for your client outlining the specific objectives. It must aim to manage the particular skin concerns identified, take account of personal preferences and make product recommendations in order to satisfy the client aims. You must explain fully the reasons for your decisions and choices.

- Documentation and analysis of each treatment

For each of the treatments carried out you must follow the same format of procedural recording and analysis as outlined below:

- Treatment description - Give a detailed ‘step by step’ description of the treatment carried out ensuring details relating to all treatment decisions, treatment parameters, any treatment adaptations, and all products used

- Treatment evaluation - Give a detailed evaluation of the treatment with details of any adaptations or changes to the treatment plan.

- Documentation - Include all treatment documentation

- Photographic evidence – Include the before and after photographs and give a detailed evaluation of the photographic evidence.

- Client responses- Include the responses of the client to the treatment itself, to the immediate effects on the skin and to the photographic evidence. Note- If you do not have a client response document, you will need to devise one for the purpose of the study.
Recommendations - Outline your product recommendations and purchases. Detail and evaluate all client responses.

Reflection – Carry out a critical evaluation of your strengths and weaknesses

- **Final case study evaluations**

When you have completed all treatments for Client One you must review and analyse the case study in the following ways:

- **Evaluation** - Evaluate the success of the treatments and client satisfaction.
- **Progression** – Provide an on-going treatment plan for continued remedial treatment of the skin condition and maintenance of skin health.
- **Reflection** - Reflect on the case study process and carry out a critical evaluation of your skill competency and professional development.
- **Case study conclusion** - Provide a synopsis of the treatment programme and its outcomes.

5. **SECTION 2 - CLIENT TWO**

Repeat all activities and documentation as outlined for client one

6. **SECTION 3 – CLIENT THREE (if relevant)**

Repeat all activities and documentation as outlined for client one and two

7. **SECTION 4 –**

Conclude your work by evaluating the benefits to you of carrying out the case study work.

**SUBMISSION OF YOUR CASE STUDY FOR MARKING**

**Electronic case studies**

Save your work and submit for marking. You may be able to email or send by ‘We Transfer’. Ask your centre or tutor for their preferred method.

**Important note**

- You are responsible for making sure your work reaches the person who will mark it.
- You must have a back-up copy of your work. Any work that is lost on computers that crash or malfunction, will need to be repeated in full.
- You will need to make sure you obtain an email to acknowledge that your work has been received.

**OR ...**

**Physical hard copy case studies**

If you have printed and compiled a hard copy of your work you will need to deliver it to the designated tutor at their centre.
Important note

- You are responsible for making sure your work reaches your course tutor.
- You must have a second copy of your work as any work that is lost in the post or goes missing will need to be repeated in full.
- You will need to make sure you obtain receipt of your work from the tutor who will mark your work. Your centre will have a protocol by which this will take place.

YOUR RESULT

Your course tutor will provide you with feedback on your case study as soon as it has been marked. Case studies at level 4 will not be graded but they are an integral part of the assessment requirements.

The endorsement of your case study will be based on:

- The fulfilment of each element of the brief
- The correct completion of case study documentation
- Recognition of clinical skin conditions and appropriate treatment
- Progression of the treatment programme in accordance with the skin condition and reactions
- Appropriate home care provision
- Clinical photographs at each stage of the treatment programme
- Case study reflections and analysis, conclusions and forward planning for skin health maintenance.

9. THE EXTERNAL EXAMINATION

All case study evidence will be presented to the CIBTAC external examiner at the final examination as part of the course assessment folder.

IMPORTANT

You will not be able to take the external exam, if, for any reason, all your work cannot be made available to the external examiner.

Whilst your delivering centre will make sure this evidence is available, it is your responsibility to check all your work before it is presented to the examiner. If you become aware of any issue that might prevent you taking the external exam or affect your result, you must discuss this with your designated tutor.

Note

Student kits for case studies

When you have completed the practical element of the course you will be ready to start the case study work.

You may already have access to the relevant products and or equipment required for your case studies - either because you are already working in a clinic that can provide them or because you are already in the process of making the purchases. However, if this is not the case we can provide student kits to ensure you can carry out your case studies. Costs are kept to a minimum and we would recommend that you charge for treatment to ensure you can easily re-coup the costs.

Your tutor will discuss this element of the course in more detail at the relevant time.