

<b>LEVEL 4 BLEMISH REMOVAL PRACTICAL EXAM SHEET</b> <b>TOTAL TIME 110 MINS</b> <b>Asterix marks in brackets ( * ) indicate minimal mark required to pass</b>		<b>Marks</b>
<b>1. Appearance and Department</b>		
Presented themselves professionally according to clinical requirements for uniform, hair, shoes, hosiery, nails, jewellery, and piercings.		5 (*3)
Demonstrated good sitting or standing posture throughout the treatment		2
<b>2. Initial Consultation 10 mins</b>		
Checked and updated client consultation paperwork in relation to potential changes in circumstance and contraindication		4
<b>Established influences on skin health skin healing capability to include:</b>		
Concluded Fitzpatrick skin type and relevance to procedure		2
Reviewed and interpreted the information provided on the consultation form to correctly assess skin health and its potential for efficient skin healing		6 (*3)
<b>2. Completed Procedures for Informed Consent - 10 mins</b>		
Explained benefits and effects of single treatment and regular treatment over time		3 (*1)
Explained procedures		3 (*1)
<b>Explained sensations</b>		<b>3 (*1)</b>
Explained both normal and any potential adverse reactions		3 (*1)
Explained realistic expectations		3 (*1)
Completed paperwork and gained signatures for consent		3 (*1)
<b>3. Client Preparation - 5 mins</b>		
Ensured comfort of the client on the couch		1
Appropriately removed clothing / jewellery		1
Exposed treatment area with consideration to hygiene and client modesty		2 (*1)
If facial area, applied hair covering and cleansed area to be treated as appropriate, incl makeup removal if necessary		2 (*1)
<b>4. PRE PROCEDURE PHOTOGRAPHS - ALL LESIONS - 10 mins</b>		

Took accurate clinical photographs to include:	
Correct lighting	2
Correct distance	2
Clear images of lesions taken - Pre SWD keratosis	2
Clear images of lesions taken - Pre SWD vascular	2
Clear images of lesions - Pre cryotherpay	2
Labelling of photographs - Date, Client Name, Before / After	9 (*6)
Observed sanitisation protocols before and after taking photograph	2
<b>6a BLEMISH REMOVAL PROCEDURE - ( SWD - KERATOSIS) 15 Mins</b>	
Correctly assessed skin lesions to be treated	2 (*1)
Cleansed and disinfected the area to be treated	2 (*1)
Gave professional and thorough explanation of the procedure to the client	2 (*1)
Effectively positioned the client and self for the treatment	2
Selected the appropriate needle type and size for the lesion/s and area/s to be treated	4 (*2)
Safely and hygienically loaded the needle into the holder	3 (*1)
Selected an appropriate current level to begin treatment	2
Adopted an appropriate technique for the lesion/ condition being treated	5 (*2)
Made current adjustments to quickly establish a working point to ensure clean and effective treatment	3 (*1)
Addressed adverse events correctly ( assess orally if not practcially occurring)	2 (*1)
Effectively and cleanly removed the lesion	4 (*2)
Correctly applied sterile dressings as required	2 (*1)
Effectively balanced current levels and adapted treatment parameters to take account of client comfort levels and treatment needs	4 (*2)

Effectively and hygienically used the magnifying lamp	3 (*1)
Safely and hygienically moved around the couch (Oral questions if not applicable)	2
Timed and spaced treatment to avoid over treatment in any one area (Oral questions if not applicable)	2
<b>6b Oral Questions 4 (on going)</b>	
Explained SWD protocols for keratotic lesions not treated above	4 (*2)
<b>6c Post Removal Procedures - 3 mins</b>	
Disposed all sharps and clinical waste in line with health and safety protocol	2 (*2)
Applied an appropriate aftercare product to the area	1 (*1)
Correctly applied sterile dressings as required	2 (*1)
<b>6d Documentation of Treatment Procedures - 2 mins</b>	
Accurately recorded all treatment parameters and outcomes - Needle size, Needle Type, Current intensity, Skin Reaction, Outcome	5
<b>7a Blemish Removal Procedure ( SWD - VASCULAR) - 15 mins</b>	
Assessed skin lesions to be treated	2 (*1)
Cleansed and disinfected the area to be treated	2 (*1)
Gave professional and thorough explanation of the procedure to the client	2 (*1)
Effectively positioned the client and self for the treatment	2
Selected the appropriate needle type and size for the lesion/s and area/s to be treated	4 (*2)
Safely and hygienically loaded the needle into the holder	3 (*1)
Selected an appropriate current level to begin treatment	2 (*1)
Adopted an appropriate technique for the lesion/ condition being treated	5 (*3)
Made current adjustments to quickly establish a working point to ensure clean and effective treatment	3 (*1)
Effectively balanced current levels and adapted treatment parameters to take account of client comfort levels and treatment needs	2 (*1)

Worked without causing blood spots	2 (*1)
Dealt with blood spots appropriately ( assess orally if not practcially occurring)	2 (*1)
Effectively balanced current levels and adapted treatment parameters to take account of client comfort levels and treatment needs	4 (*2)
Effectively and hygienically used the magnifying lamp	3 (*1)
Safely and hygienically moved around the couch (Oral questions if not applicable)	2
Timed and spaced treatment to avoid over treatment in any one area (Oral questions if not applicable)	2
<b>7b Oral Questions – ongoing</b>	
Explained SWD protocols for vascular lesions not treated above	4 (*2)
<b>7c Post Removal Procedures - 3 mins</b>	
Disposed all sharps and clincial waste in line with health and safety protocol	2 (*2)
Applied an appropriate aftercare product to the area	1 (*1)
<b>7d Documentation of Treatment Procedures - 2 mins</b>	
Accurately recorded all treatment parameters and outcomes- Needle size, Needle Type, Current intensity, Skin Reaction, Outcome	5 (*3)
<b>8a Cryotherpay Blemish Removal Procedure - 10 mins</b>	
Assessed skin lesions to be treated	2
Cleansed and disinfected the area to be treated	2 (*1)
Gave professional and thorough explanation of the procedure to the client	2 (*1)
Effectively positioned the client and self for the treatment	2
Selected the appropriate nozzle size for the lesion/s and area/s to be treated	2
Demonstrated or explained how to load the gas cartridge into the device	4 (*2)
Ensured the device was working correctly	2 (*1)
Adopted an appropriate technique (Circling, moving up and down, side to side)	4 (*2)

Maintained the correct workign distance from the lesion	2 (*1)
Remained within the confines of the lesion	1 (*1)
Ensured that the device was kept moving and not held static	2 (*1)
Ensured appropriate timing for application of the nitrous oxide to ensure a safe and effective treatment	4 (*2)
Achieved a satisfactory result	2 (*1)
Effectively and hygienically used the magnifying lamp	3 (*1)
Dealt with adverse events appropriately ( oral testing if required)	2 (*1)
Timed and spaced treatment to avoid over treatment in any one area (Oral questions if not applicable)	2
<b>8d Oral Questions 4 – ongoing</b>	
Explained cryotherapy protocols for various lesions	4 (*2)
<b>8e Post Removal Procedures - 3 min</b>	
Effectively carried out soothing procedures /dressing as appropriate for the treatment carried out	3 (*1)
<b>8f Documentation of Treatment Procedures - 2 mins</b>	
Accurately recorded all treatment parameters and outcomes - applicator, technique, timing, skin reaction , outcome	5 (*3)
<b>9. Aftercare Instruction - ALL MODALITIES - 5 mins</b>	
Discussed with the client aftercare instructions and recommendations for homecare and further treatment	6 (*4)
<b>10. POST PROCEDURE PHOTOGRPAHS - ALL LESIONS - 10 mins</b>	
Took accurate clinical photographs to include:	
Correct lighting	2
Correct distance	2
Clear images of lesions taken - Pre SWD keratosis	2
Clear images of lesions taken - Pre SWD vascular	2

Clear images of lesions - Pre cryotherpay	2
Labelling of photographs - Date, Client Name, Before / After	9 (*6)
Observed sanitisation protocols before and after taking photograph	2
<b>14. Oral Questions</b>	
Answered oral questions correctly - 2 marks per question	8
<b>15. Hygiene</b>	
<b>(*3)</b>	
Ensured tidiness of work area throughout treatment	2
Complied with hygiene, sterilisation and sanitation procedures	3 (*2)
Use of PPE according to protocol	3 (*2)
Appropriate disposal of clinical waste	1 (*1)
<b>16. Communication and Client care</b>	
Maintained professional communication and client care	2 (*1)
<b>17. Commercial Considerations</b>	
Work within the time constraint and showed cost effective use of products	2 (*1)
<b>18. Safety</b>	
Demonstrated a clear understanding, and application of, safe practice throughout	1 (*1)
<b>OVER ALL TOTAL</b>	