

LEVEL 4 MICRO-NEEDLING PRACTICAL EXAM MARK SHEET 120 MINUTES Asterix marks in brackets (*) indicate minimal mark required to pass		Marks
1. Appearance and Deportment		
Presented themselves professionally according to clinical requirements for uniform, hair, shoes, hosiery, nails, jewellery, and piercings.		5 (*3)
Demonstrated good sitting or standing posture throughout the treatment		2
2. Consultation Check - 5 Mins		
Checked and updated client consultation paperwork in relation to potential changes in circumstance and contraindication		4
3. Completed Procedures for Informed Consent - 10 Mins		
Explained benefits and effects of single treatment and regular treatment over time		3 (*1)
Explained procedures		3 (*1)
Explained sensations		3 (*1)
Explained both normal and any potential adverse reactions		3 (*1)
Explained realistic expectations		3 (*1)
Completed paperwork and gained signatures for consent		3 (*1)
4. Client Preparation - 10 mins		
Ensured comfort of the client on the couch		2
Appropriately removed or covered clothing		2
Applied hair protection efficiently and thoroughly		2
Carried out efficient and effective cleansing procedures		
Use of correct product		2
Dexterity of procedure		2

Efficiency of cleanse outcome	2
5. Pre Procedure Photographs - 5 mins	
Took accurate clinical photographs to include:	
Correct lighting	2
Correct distance	2
Front and side images taken	3
Labelling of photographs - Client Name, Date, Before / After	9 (*6)
Observed sanitisation protocols before and after taking photograph	2
6. Visual Skin Assessment - 10 mins	
Correctly concluded primary type	2
Correctly concluded Fitzpatrick Skin Type	2
Visually assessed secondary skin characteristics in each zone of the skin to be treated to include:	
Correctly used magnifying lamp and lens	2
Accurate assessment of collagen and elastin integrity	2
Accurate assessment of level of DEJ adhesion	2
Accurate assessment of dermal hydration and Volume (HA)	2
Accurate assessment of epidermal hydration and TEWL	2
Accurate assessment of epidermal lipidity and sebaceous secretions	2
Accurate interpretation of the quality of the Natural Barrier Function	2
Accurate assessment of skin pigmentation and irregularities	2
Accurate assessment of vascular condition	2

Accurate assessment of the level of skin reactivity	2
Accurate assessment of skin texture and thickness	2
Accurate assessment of any anomalies / Inflammatory conditions / localised lesions	2
Accurately interpreted the visual observation of the skin to establish overall skin health, healing capacity and appropriate treatment plan	5 (*3)
7. Skin Preparation - Topical Anaesthesia Application - 35 mins	
Efficiently, safely and evenly applied a local anaesthetic in line with product national dosage guidelines	3 (*2)
Allowed appropriate time for Anaesthesia effect	1
8. Correctly interpreted information given during consultation process to establish influences on skin health skin healing capability - to include:	
Environmental influences	3 (*1)
Health and Well Being Influences	3 (*1)
Lifestyle influences	3 (*1)
Dietary	3 (*1)
Existing skin care regime	3 (*1)
Accurately assessed the implications of the information provided during the client consultation to establish overall skin health, healing capacity and treatment plan	5 (*3)
9. Micro-Needling Procedure - 30 mins	
Efficiently and thoroughly removed of the anaesthetic product	3 (*2)
Carried out thorough and safe disinfection of the skin prior to the needling treatment	2 (*1)
Gave professional and thorough explanations to client	3 (*1)
Made appropriate choice of needle size in line with professional sector boundaries	1
Opened the sterile packaging safely and efficiently	2 (*1)

Worked with the appropriate pressure, speed and angle of needling device	6 (*3)
Applied the appropriate redefinition of application to each zone of the area being treated	2 (*1)
Covered treatment area evenly and efficiently	4 (*2)
Visually and verbally monitored the skin and client comfort throughout and responded appropriately	4 (*2)
10. Post Needling Procedures - 5 mins	
Safely disposed of the contaminated roller device	2 (*1)
Effectively carried out rinsing of the skin with sterile saline solution and sterile gauze	3 (*1)
Took anti-inflammatory measures to cool and calm the skin and applied appropriate post treatment products with due attention to avoidance of cross infection	4 (*2)
Safely disposed of all contaminated waste	2 (*1)
11. Post Procedure Photographs - 5 mins	
Took accurate clinical photographs to include:	
Correct lighting	2
Correct distance	2
Front and side images taken	3
Labelling of photographs - Client Name, Date, Before / After	9 (*6)
Observed sanitisation protocols before and after taking photograph	2
12. Treatment Aftercare Instruction - timing for this section included in the above 35mins	
Discussed with the client aftercare instruction, recommendations for homecare product use to include :	
Antioxidant	1
Hydration	1
Lipid Replenishment	1

Condition Specific Product	1
Sunscreen	1
12. Documentation	
Accurately recorded treatment details and follow up protocol	
Topical anaesthesia timing and skin reaction	2 (*1)
Type of Micro-Needling device used	2(*1)
Device / Cartridge Batch Number	1
Needle size	1 (*1)
Technique and repetitions of application to each zone of the area being treated	2 (*1)
Skin and Client reactions	1
Pre and Post products used	1
Review Date	1
Recommended subsequent treatment	1
Client Feedback and Signature	2 (*1)
13. Oral Questions	
Answered oral questions correctly - 2 marks per question	8
14. Hygiene	
Ensured tidiness of work area throughout treatment	2
Complied with hygiene, sterilisation and sanitation procedures	3 (*2)
Use of PPE according to protocol	3 (*2)
Appropriate disposal of clinical waste	1 (*1)

15. Communication and Client Care	
Maintained professional communication and client care	2 (*1)
16. Commercial Considerations	
Work within the time constraint and showed cost effective use of products	2 (*1)
17. Safety	
Demonstrated a clear understanding, and application of, safe practice throughout	1 (*1)
OVER ALL TOTAL	