

PRACTICAL MARK BREAK DOWN FOR L4 BLEMISH REMOVAL BY THERMOLYSIS AND CRYOTHERAPY EXAMINATIONS

Exam Duration - 1 hour 40 minutes

ASSESSMENT CRITERIA	TIMING & ALLOCATED MARKS
1. Appearance and Deportment	N/A
<ul style="list-style-type: none"> Presented themselves professionally according to clinical requirements for uniform, hair, shoes, hosiery, nails, jewellery, piercings. Demonstrated good sitting or standing posture throughout the treatment 	<p>5 (*4)</p> <p>2</p>
TOTAL	7 (*4)
2. Client Consultation	15 MINS
<ul style="list-style-type: none"> Established that no contraindications were present and noted any restrictions or adaptations to treatment that might be relevant Established skin health and potential for skin healing 	<p>2 (*1)</p> <p>3</p>
TOTAL	6 (*3)
3. Completed Procedures for Informed Consent	10 MINS
<ul style="list-style-type: none"> Completed procedures for informed consent to include: <ul style="list-style-type: none"> Explained benefits and effects of single treatment and regular treatments Explained procedures Explained sensations Explained both normal and any potential adverse reactions Explained realistic expectations Followed protocol for documentation and gained signatures for consent 	<p>2 (*1)</p> <p>2 (*1)</p> <p>2 (*1)</p> <p>2 (*1)</p> <p>2 (*1)</p> <p>2 (*1)</p>
TOTAL	12 (*6)
4. Client Preparation	5 MINS
<ul style="list-style-type: none"> Ensured comfort of the client on the couch Appropriately removed or covered clothing and jewellery Exposed treatment area with consideration to hygiene and client modesty Facial area - applied hair covering and cleansed area to be treated as appropriate, including makeup removal if necessary 	<p>1</p> <p>1</p> <p>2 (*1)</p> <p>2 (*1)</p>
TOTAL	6 (*3)

5. USING SHORT WAVE DIATHERMY – KERATOSIS	
5a Visual Skin Assessment	2 MINS
<ul style="list-style-type: none"> • Assessment of overall skin condition as relevant to procedure • Concluded Fitzpatrick skin type and relevance to procedure • Assessed skin lesions to be treated 	<p>2</p> <p>2</p> <p>2</p>
TOTAL	6 (*3)
5b Skin Preparation	3 MINS
<ul style="list-style-type: none"> • Disinfected the area to be treated using an appropriate product 	1 (*1)
TOTAL	1 (*1)
5c Taking Pre-Procedure Photographs	5 MINS
<ul style="list-style-type: none"> • Took accurate clinical photographs pre treatment in line with protocol to include: <ul style="list-style-type: none"> – Correct lighting – Correct distance – Front and side images taken – Labelling of photograph – Observation of sanitation procedures before and after taking photographs 	<p>1</p> <p>1</p> <p>3</p> <p>1</p> <p>2 (*2)</p>
TOTAL	8 (Min 5)
5d Blemish Removal Procedure (SWD - KERATOSIS)	12 MINS
<ul style="list-style-type: none"> • Gave professional and thorough explanations to client throughout the treatment • Effectively positioned the client and self for the treatment • Selected the appropriate needle type and size for the lesion/s and area/s to be treated • Safely and hygienically loaded the needle into the holder • Selected an appropriate current level to begin treatment • Adopted an appropriate technique for the lesion/ condition being treated • Made current adjustments to establish a working point to ensure clean and effective treatment • Effectively and cleanly removed the lesion • Effectively balanced current levels and adapted treatment parameters to take account of client comfort levels and treatment needs • Effectively and hygienically used the magnifying lamp • Safely and hygienically moved around the couch (Oral questions if not applicable) • Timed and spaced treatment to avoid over treatment in any one area (Oral questions if not applicable) • Hygienically dealt with clinical waste • 	<p>2 (*1)</p> <p>2</p> <p>2</p> <p>2 (*1)</p> <p>2</p> <p>2 (*1)</p> <p>2 (*1)</p> <p>2 (*1)</p> <p>2 (*1)</p> <p>2</p> <p>2</p> <p>2</p> <p>2</p>
TOTAL	26 (*15)
5e. Oral Questions	N/A
<ul style="list-style-type: none"> • Explained SWD protocols for keratotic lesions not treated above 	4 (*2)
TOTAL	4 (*2)

5f Post Removal Procedures	3 MINS
<ul style="list-style-type: none"> Safely removed and disposed of used needles to sharps Effectively carried out soothing procedures /dressing as appropriate for the treatment carried out 	3 (*2) 3 (*1)
TOTAL	6 (*3)
5g Documentation of Treatment Procedure	2 MINS
<ul style="list-style-type: none"> Accurately recorded all treatment parameters and outcomes 	4 (*3)
TOTAL	4 (*3)
6. USING SHORT WAVE DIATHERMY – VASCULAR LESIONS	
6a Visual Skin Assessment	2 MINS
<ul style="list-style-type: none"> Assessment of overall skin condition as relevant to procedure Concluded Fitzpatrick skin type and relevance to procedure Assessed skin lesions to be treated 	2 2 2
TOTAL	6 (*3)
6b Skin Preparation	1 MIN
<ul style="list-style-type: none"> Disinfected the area to be treated using an appropriate product 	1 (*1)
TOTAL	1 (*1)
6d Blemish Removal Procedure (SWD – VASCULAR LESIONS)	12 MINS
<ul style="list-style-type: none"> Gave professional and thorough explanations to client throughout the treatment Effectively positioned the client and self for the treatment Selected the appropriate needle type and size for the lesion/s and area/s to be treated Safely and hygienically loaded the needle into the holder Selected an appropriate current level to begin treatment Adopted an appropriate technique for the lesion/ condition being treated Made current adjustments to establish a working point to ensure clean and effective treatment (vessel blanching - no blood spots) Dealt with adverse events correctly (Oral Questioning if necessary) Effectively balanced current levels and adapted treatment parameters to take account of client comfort levels and treatment needs Effectively and hygienically used the magnifying lamp Safely and hygienically moved around the couch (Oral questions if not applicable) Timed and spaced treatment to avoid over treatment in any one area (Oral questions if not applicable) Hygienically dealt with clinical waste 	2 (*1) 2 2 2 (*1) 2 2 (*1) 2 (*1) 2 (*1) 2 (*1) 2 (*1) 2 (*1) 2 2 2
TOTAL	26 (*15)
6e. Oral Questions	N/A
<ul style="list-style-type: none"> Explained SWD protocols for keratotic lesions not treated above 	4 (*2)
TOTAL	4 (*2)

6f Post Removal Procedures	3 MINS
<ul style="list-style-type: none"> Safely removed and disposed of used needles to sharps Effectively carried out soothing procedures /dressing as appropriate for the treatment carried out 	3 (*2) 3 (*1)
TOTAL	6 (*3)
6g Documentation of Treatment Procedure	2 MINS
Accurately recorded all treatment parameters and outcomes	4 (*3)
TOTAL	4 (*3)
7. USING CRYOTHERAPY	
7a Visual Skin Assessment	2 MINS
<ul style="list-style-type: none"> Assessment of overall skin condition as relevant to procedure Concluded Fitzpatrick skin type and relevance to procedure Assessed skin lesions to be treated 	2 2 2
TOTAL	6 (*3)
7b Skin Preparation	1 MIN
<ul style="list-style-type: none"> Disinfected the area to be treated using an appropriate product 	1 (*1)
TOTAL	1 (*1)
7d Blemish Removal Procedure (CRYOTHERAPY)	10 MINS
<ul style="list-style-type: none"> Gave professional and thorough explanations to client throughout the treatment Effectively positioned the client and self for the treatment Selected the appropriate nozzle for the lesion/s and area/s to be treated Demonstrated or explained how to load the gas cartridge into the device Ensured the device was working correctly Adopted an appropriate technique (Circling, moving up and down, side to side) Remained within the confines of the lesion Ensured that the device was kept moving and not held static Ensured appropriate timing for application of the nitrous oxide to ensure a safe and effective treatment Achieved a satisfactory result Effectively and hygienically used the magnifying lamp Dealt with adverse events appropriately (oral testing if required) Timed and spaced treatment to avoid over treatment in any one area (Oral questions if not applicable) 	2 (*1) 2 2 2 (*1) 2 2 1 (*1) 1 (*1) 2 2 (*1) 2 (*1) 2 2 2
TOTAL	26 (*15)
7e. Oral Questions	N/A
<ul style="list-style-type: none"> Answered questions relating to the removal by cryotherapy of other lesions not treated within the examination 	3 (*1)
TOTAL	4 (*2)

7f Post Removal Procedures	2 MINS
<ul style="list-style-type: none"> Effectively carried out soothing procedures /dressing as appropriate for the treatment carried out 	3 (*2) 3 (*1)
TOTAL	6 (*3)
7g Documentation of Treatment Procedure	2 MINS
Accurately recorded all treatment parameters and outcomes	4 (*3)
TOTAL	4(*3)
8. Aftercare	5 MINS
<ul style="list-style-type: none"> Discussed with the client aftercare instructions and recommendations for homecare and further treatment 	6 (*4)
TOTAL	6 (*4)
12. Taking Post-Procedure Photographs	5 MINS
<ul style="list-style-type: none"> Took accurate clinical photographs post treatment in line with protocol: <ul style="list-style-type: none"> Correct lighting Correct distance Front and side images taken Labelling of photograph Observation of sanitation procedures before and after taking photographs 	1 1 3 1 2 (*2)
TOTAL	8 (*5)
14. Oral Questions	
<ul style="list-style-type: none"> Four Questions with one mark per question 	4
TOTAL	4
15. Hygiene	
<ul style="list-style-type: none"> Ensured tidiness of the work area throughout the treatment Carried out hygienic procedures throughout Used of PPE according to protocol Disposed of clinical waste appropriately 	1 2 (*1) 1 (*1) 1 (*1)
TOTAL	5 (*4)
16. Communication & Client Care	
<ul style="list-style-type: none"> Demonstrated Professional & appropriate communication throughout adapting for client needs 	2
TOTAL	2 (*1)
17. Commercial Considerations	
<ul style="list-style-type: none"> Completed the treatment to a commercially acceptable time Carried out cost effective use of products 	1 1
TOTAL	2 (*1)

18. SAFETY	
Demonstrated a clear understanding, and application of, safe practice throughout	1 (*1)
TOTAL MARKS	
TOTAL TIME	100 MINS