

CONTRAINDICATION CHECKLIST FOR TRAINING MODELS

All models for the practical skills workshops must be consulted prior to treatment to ensure that there are no contraindications to the procedure. These conditions include

1. Unrealistic expectations
2. Skin has not been primed prior to the deeper peels (e.g. if client is to receive Jessner's, TCA or deeper glycolic). Check with SDTC if in doubt.
3. History of non-compliance with at home treatment.
4. History of dermatologic disorders which manifest as skin sensitivity e.g. eczema/dermatitis/psoriasis (Koebner's phenomenon)
5. Radiation treatment/chemotherapy in preceding 6/12 months.
6. Any form of illness or disease including minor conditions such as colds.
7. Invasive medical treatment with the last 6 -12 months including surgery.
8. Recent physical injury which is still healing.
9. Photosensitising medication.
10. Roaccutane – no treatment for 12 months after conclusion of medication.
11. Retin A or other topical Vitamin A or Tretinoin medication – no treatment for 3 – 6 months after conclusion of treatment course.
12. Antibiotics (except when for control of acne).
13. Blood thinning medication – Warfarin (Aspirin may be stopped for 3 days prior to treatment and resumed after treatment.)
14. Other medications - Check with his/her doctor prior to agreeing to perform peel.
15. Known sensitivity to components.
16. Any history of anaphylaxis.
17. Active or inflamed outbreak of acne, herpes simplex or rosacea if no active herpes simplex but has a tendency, warn client of possible outbreak and advise re-prophylactic treatment).
18. Pregnancy or breastfeeding.
19. Diabetes.
20. Immunosuppressant diseases such as lupus, rheumatoid arthritis, HIV.
21. Epilepsy.
22. Within 4 weeks pre or post extreme UV light exposure.
23. Within 4 – 6 weeks of any other form of regenerative skin treatment such as Laser resurfacing , other chemical peels, other dermal rolling.
24. Within 2 weeks of botulinum toxin, dermal filler or mesotherapy injectable treatments.
25. Within 1 week of waxing in the area, electrolysis, laser hair removal (as long as no adverse reactions).
26. Within 4 – 6 weeks of other rejuvenation or exfoliation treatment.
27. Within 3 – 6 months of any ablative resurfacing treatment (GP referral).

Some of the contraindications listed will not apply to every procedure so please check with SDTC as treatment may be possible.

Please consult with SDTC if any conditions exist which are not on the above list, but which may be of concern in respect of the treatment to be received.