

## CONTRAINDICATION CHECKLIST FOR TRAINING MODELS

**All models for the practical skills workshops must be consulted prior to treatment to ensure that there are no contraindications to the procedure. Conditions include:**

- Unrealistic expectations
- Skin has not been primed prior to deeper peels ( eg if client is to receive Jessners, TCA or deeper glycolic) Check with your tutor if in doubt
- History of non-compliance with at home treatment
- History of dermatologic disorders that manifest skin sensitivity e.g. eczema / dermatitis / psoriasis (Koebner's phenomenon)
- Radiation treatment/chemotherapy in preceding 6/12 months
- Any form of illness or disease including minor conditions such as colds
- Invasive medical treatment with the last 6 -12 months including surgery
- Recent physical injury still healing
- Photosensitising medication
- Roaccutane – no treatment for 12 months after conclusion of medication
- Retin A or other topical Vitamin A or Tretinoin medication – no treatment for 3 – 6 months after conclusion of treatment course
- Antibiotics
- Blood thinning medication – warfarin (Aspirin may be stopped for 3 days prior to treatment and resumed after treatment)
- Other medications - Check with his/her doctor prior to agreeing to perform peel
- Known sensitivity to components
- Any history of Anaphylaxis
- Active or inflamed outbreak of acne, herpes simplex or Rosacea (If no active herpes simplex but has a tendency warn client of possible outbreak and advise re prophylactic treatment)
- Pregnancy or breastfeeding
- Diabetes
- Immunosuppressant diseases such as Lupus, rheumatoid arthritis, HIV
- Epilepsy
- Within 4 weeks pre or post extreme UV light exposure
- Within 4 – 6 weeks of any other form of regenerative skin treatment such as laser resurfacing, other chemical peels, other dermal rolling
- Within 2 weeks of botulinum toxin, dermal filler or mesotherapy injectable treatments
- Within 1 week of waxing in the area, electrolysis, laser hair removal (as long as no adverse reactions)

**Some of the contraindications listed will not apply to every procedure so please check with your tutor as to whether treatment may be possible**

**Please consult your tutor if any conditions exist which are not on the above list but which may be of concern in respect of the treatment to be received.**