

CASE STUDY BRIEF FOR THE UNIT SDPO1

PROVIDE CHEMICAL SKIN PEELING TREATMENT

When you have completed the practical element of this unit of study course you will be ready to start the case study work.

You may already have access to the relevant products and or equipment required for your case studies - either because you are working in a clinic that can provide them or because you are already in the process of making the purchases. However, if this is not the case we can provide student kits to ensure you can carry out your case studies. Costs are kept to a minimum and we recommend that you charge for treatment to ensure you can easily re-coup the costs.

Your tutor will discuss this element of the course in more detail at the relevant time

Rationale

Practical case study tasks allow the contextualisation of theory to practice enhancing safety and success in the workplace by the development of skill competency and commercial considerations.

Aim

The aims of the case study for the unit SDPO1 Provide Chemical Skin Peeling Treatment are to ensure you can:

- show the development of skill competency, post learning
- show full understanding of the treatment requirements, parameters and protocols needed for safe and effective treatment, that will manage skin issues and satisfy client aims.
- evidence the commercial viability of these treatment modalities
- evidence treatment numbers sufficient to be fully compliant with Health Education England (HEE) recommendations for qualifications.

Case Study Requirements

To ensure that these case studies are 'do-able' for all our students whether you are already working in a clinical practice with many clients available to you or if you are not yet working in a salon or clinic and have limited potential clients who can model for you.

You have three main options in how you complete your case studies and indeed you can present a mix of cases based on the criteria below. Bear in mind that whichever option you choose to follow you are required to complete six treatments in total for your case studies and cover as many outstanding Range Statements for your portfolio as possible. Ask your course tutor for guidance if you need to.

To complete your case studies you should :

EITHER

1. Treat six clients with various treatment needs

You will need to carry out one treatment on each clients (6 treatments in total). This case study option will enable you to complete all your cases studies very quickly as there will be no need to wait until a follow up treatment is possible. Indeed you could theoretically complete all your case studies within a few days so allowing you to move towards your exam schedulee more quickly and you will be more likely to cover a broader spectrum of the range statements required. This option will not however give you a chance of being able to document real visible results and so this format will require you to describe the treatment plan you would choose if you were to complete a full course of treatment for each client.

OR

2. TWO clients with specifically different treatment needs.

You will need to carry out THREE treatments for both clients- (6 treatments in total). This case study option will give you more chance of being able to document real visible results but it will take on average 12 – 20 weeks to complete if you carry out your treatments every 4 – 6 weeks. (depending on the product range selected). Please bear in mind also that this may limit your coverage of Range Statements so check that you will be able to cover as many of the outstanding Range Statements in your portfolio as possible in your selection of your two clients.

OR

2. THREE clients with specifically different treatment needs.

You will need to carry out TWO treatments for both clients- (6 treatments in total). This case study option will give you less chance of being able to document real visible results but it will only take on average 8 – 14 weeks to complete if you carry out your treatments every 4 - 6weeks. (depending on the product range selected and the health and condition of your client's skin). Again please bear in mind also that this may limit your coverage of Range Statements so check that you will be able to cover as many of the outstanding Range Statements in your portfolio as possible in your selection of your three clients.

NB Providing a mix of the above case Study Formats

If you wish you can present a mix of the above scenarios. Eg

Some clients treated twice or three times and the rest treated just once.

Peel Product Choices

You will need to use product that has been supplied as part of your student kit. However, if you wish to use product from your place of work, please speak to your tutor to verify that it is suitable for use. The peel range you have selected for your case studies will determine the choices you have but wherever possible, the following criteria need to be addressed in your case studies:

- You will need to select different peel formulations for each of the clients
- Try to use a single peel agent for one of your clients and a combination peel for another.
- Try to use a gel peel and a liquid peel (if possible from the range you are using) and evidence more than one application method (brush, gauze, cotton bud applicator)
- If the peel range you are using does not quite fit this brief then please talk to your tutor who will advise. We are keen to make the case study requirements flexible, cost effective and achievable.

Case Study Environment

- You will need to carry out all treatments in a clinical environment where all health and safety requirements can be met - please refer to our Case Study Environment Policy provided at the end of this document.
- The location for your case studies could be your place of work but if you do not have access to a clinical environment please speak to your tutor who will discuss the options open to you.

Consultation, Treatment Consents & Photographs

- You will need to carry out a full investigative consultation and advanced skin analysis for each of your clients.
- You will need to complete all consultation documentation for each client.
- You will need to gain 'consent to treatment' documentation for each treatment and for the taking of photographs.
- You will need to take clinical photographs of the treatments for each case study client to document your work and to show the results of the treatments carried out.

Case Study Charges

- Clients should be charged a sufficient amount for treatment to ensure your case study reflects commercial considerations

DOCUMENTING AND SUBMITTING YOUR WORK.

You need to submit your work electronically for marking and then, once marked and passed by your tutor print it off for presentation in your course folder / portfolio. It is important to the professionalism of your case studies that they are formatted in sections as described below and all pages and references are numbered.

Prepare all the text elements of your case studies on your computer and organise your work in the sectioned format required. Copy and paste all photographic evidence into the relevant sections and scan / photograph and insert all handwritten documentation. – eg your client's consultation and consent forms. Your case studies should be presented and marked prior to your mock examination and transfer to your portfolio for checking prior to your final exam.

Electronic Case Study Assignments

Prepare all the text elements of your case studies on your computer and organise your work in the sectioned format required. You should type your work to present a professional format. However, should you wish to hand write it, please speak to your course tutor.

NB. Hand written work must be neat and legible or it will NOT be marked.

The principle exception to this rule is the client's completion of their consultation paperwork and informed consent / request for treatment.

Note

- All work must be spell checked.
- All work must be written in sentence form.

Copy and paste all photographic evidence into the relevant sections and scan and insert all handwritten documentation. – eg your client's consultation and consent forms. Once completed your case study should be presented at your mock examination for transfer to your course folder and marking prior to your final exam.

THE FOLLOWING NOTES WILL GUIDE YOU IN THE CORRECT COMPLETION OF YOUR CASE STUDIES



FORMAT OF THE CASE STUDIES

FOR EACH CLIENT / CASE STUDY YOU MUST FOLLOW THE FORMAT DESCRIBED BELOW:

YOU MUST

1. **TITLE PAGE**
2. **CONTENTS PAGE**
3. **INTRODUCTION** - You will need to write an introduction to the case study assignment as a whole outlining details of the treatment modality for the case Studies You Are Carrying Out.
4. **SECTION 1 - CLIENT NUMBER ONE**
 - **Pre-treatment analysis** - The investigative consultation and advanced skin analysis documents with photographs.
 - **Client evaluation** - Using the information gained from the investigative consultation and advanced skin assessment, include a detailed evaluation of your client, the conditions to be treated with causal evaluations, the underlying skin health, client aims and expectations and pre & post treatment product requirements.
 - **Consent and request for treatment** – Signed documentation of the client's consent and request for treatment must be evidenced
 - **The treatment plan**- You will need to devise a treatment plan for your client outlining the specific objectives. It must aim to manage the particular skin concerns identified, take account of personal preferences and make product recommendations in order to satisfy the client aims. You must explain fully the reasons for your decisions and choices.
 - **Documentation and analysis of each treatment**

For each of the treatments carried out you must follow the same format of procedural recording and analysis as outlined below:

- **Treatment Description** - Give a detailed 'step by step' description of the treatment carried out ensuring details relating to all treatment decisions, treatment parameters, any treatment adaptations, and all products used
- **Treatment Evaluation** -Give a detailed evaluation of the treatment with details of any adaptations or changes to the treatment plan.
- **Documentation** - Include all treatment documentation
- **Photographic Evidence** – Include the before and after photographs and give a detailed evaluation of the photographic evidence.
- **Client responses**- Include the responses of the client to the treatment itself, to the immediate effects on the skin and to the photographic



evidence. **Note-** If you do not have a client response document, you will need to devise one for the purpose of the study.

- **Recommendations-** Outline your product recommendations and purchases. Detail and evaluate all client responses.
- **Reflection** – Carry out a critical evaluation of your strengths and weaknesses

- **Final case study evaluations**

When you have completed all treatments for Client One you must review and analyse the case study in the following ways:

- **Evaluation** - Evaluate the success of the treatments and client satisfaction.
- **Progression** – Provide an on-going treatment plan for continued remedial treatment of the skin condition and maintenance of skin health.
- **Reflection** - Reflect on the case study process and carry out a critical evaluation of your skill competency and professional development.
- **Case study conclusion** - Provide a synopsis of the treatment programme and its outcomes.

7. SECTION 4 - OVERALL ASSIGNMENT CONCLUSION

Finally must conclude the completion of your Case Study Assignment by reviewing and evaluating of your overall experience and insight it has provided you with in respect of your ongoing practice in the specific treatment modality

Essentially this should outline what you have learned. For example:

- How have your consultation and client assessment skills improved. What has the thorough approach to consultation taught you?
- What was successful about your treatment programmes for each client or not so effective – summarise the conclusions you have drawn from this
- How has the programme helped you to deal with skin reactions and complications
- What has been your overall experience of client compliance with home care and how it impacts on treatment outcomes
- What have been the key adaptations to treatment approaches you have used or learned for different skin conditions

Conclude your work by evaluating the benefits of carrying out this case study work to your proficiency in the safe and effective practice of this treatment modality.



SUBMISSION OF YOUR CASE STUDY FOR MARKING

Compile and save your work digitally and submit for marking by one of the following methods:

- Email (files containing photos may be too large for this method)
- Facilities such as 'We Transfer' / Dropbox.
- If you have a Google email address you can upload your work to Google drive
- By memory stick posted by recorded delivery (ensure you have kept your own maset copies

Important note

- You are responsible for making sure your work reaches the person who will mark it.
- You must have a back-up copy of your work. Any work that is lost on computers that crash or malfunction, will need to be repeated in full.
- You will need to make sure you obtain an email receipt from your course tutor to acknowledge that your work has been received.

YOUR RESULT

Your course tutor will provide you with feedback on your case study as soon as it has been marked. Case studies at level 4 will not be graded but they are an integral part of the assessment requirements

The endorsement of your case study will be based on:

- The fulfilment of each element of the brief
- The correct completion of case study documentation
- Recognition of clinical skin conditions and appropriate treatment
- Progression of the treatment programme in accordance with the skin condition and reactions (competed in practice or notionally if one treatment only is given per client)
- Appropriate home care provision
- Clinical photographs at each stage of the treatment programme
- Case study reflections and analysis, conclusions and forward planning for skin health maintenance.

9. THE EXTERNAL CIBTAC EXAMINATION

All case study evidence will be presented to the CIBTAC external examiner at the final examination as part of the course portfolio .

Your tutor will help you cross reference your work to demonstrate where and when each range statement has been met and direct her to the relevant documentary evidence of each treatment.



IMPORTANT

You will not be able to take the external exam, if, for any reason, all your work cannot be made available to the external examiner.

Whilst your delivering centre will make sure this evidence is available, it is your responsibility to check all your work before it is presented to the examiner.

IT IS VITAL THAT THERE ARE NO GAPS IN YOUR RANGE STATEMENT COMPLETION OR THE DOCUMENTARY EVIDENCE – OMISSIONS WILL RESULT IN AN AUTOMATIC REFERRAL OF YOUR EXAMINATION BY THE CIBTAC EXAMINER

If you become aware of any issue or omission of work that might prevent you taking the external exam or affect your result, you must discuss this with your designated tutor.



THE SALLY DURANT POLICY FOR CASE STUDY COMPLETION – THE ENVIRONMENT

CRITERIA FOR COMPLIANT COMPELTION OF LEVEL 4 CASE STUDIES

1. Professional Work Area

- The professional treatment couch enabling disinfection pre and post treatment
- The professional treatment couch should be at the correct height to ensure postural safety for the clinician and the client. Student practitioner may stand or sit as appropriate for treatment (for Blemish removal seated treatment provision is mandatory).
- The stool or chair must be of a wipeable and none porous material to ensure disinfection is effective.
- The trolley or designated work surface should be of a material that can be appropriately disinfected
- Magnifying Lamp should be available for use and appropriately disinfected before use

The room should be

- Well lit and ventilated
- Consist of hard flooring (not carpet) that is disinfected pre and post treatments
- Wash hand facilities / warm and cold water preferably within the treatment room but in close vicinity if not possible i.e. On same floor of the building and within 20ft of the treatment area. This area should be thoroughly disinfected pre and post treatments.
- Private and secure
- Food should not be consumed in the treatment room

NB Photographic evidence of the treatment room and associated facilities must be included in the cases study portfolio

2. Waste Disposal in the Treatment Room

- Lined bin for non-clinical waste should be available for use
- Small clinical waste bag / bin for soft waste generated per treatment.
- Clinical waste - compliant sharps box
- Soft waste disposal
- Collection provision should be in place for all hazardous waste in line with local council provision and disposed of following COSHH procedures

3. Equipment /Consumables

- Appropriate disinfection and sterilisation equipment in use,
- Products and procedures for all treatments in place

- Use of disposables where required in line with Sally Durant procedures and protocols
- General hygiene and safety as required by the treatment modality and according to Sally Durant protocols
- All products clearly labelled in line with COSHH
- All products used and stored appropriately in line with COSHH

4. Recording of Treatments

- use of Sally Durant documentation such as consultation, consent treatment recording and reflective practice documentation - stored in line with Data Protection Act.
- clinical photographs in accordance with Data Protection Act,
- informed client consent must be acquired

5. Treatment Procedure

- Ensure hygiene and safety measures comply with national legislation, guidelines and organisational requirements
- Prepare and protect the client to avoid cross infection
- Protect client's eyes, hair and clothing in the area of treatment as appropriate during treatment
- Use of PPE as required within Sally Durant protocols
- Skin testing prior to treatment as required
- Use of professional treatment products and equipment sourced from SD endorsed suppliers or a U.K / EU approved and registered manufacturer / distributor

6. Uniform

- Student practitioner to be in clinical uniform and adhering to Sally Durant policy of professional appearance

7. Insurance

- Professional indemnity insurance for the provision of each treatment modality must be in place. This is available an extension to Level 3 policies and a BABTAC student policy is available to our students who are on the access pathway. Sally Durant also has endorsed insurance policies with Hamilton Fraser.

