



sallydurant
aesthetic education & training

CLIENT REF

DATE OF
TREATMENT

The CIBTAC / SALLY DURANT
Level 4 Qualifications in Advanced Skin
Studies and Aesthetic Practice

CLIENT ASSESSMENT &
TREATMENT RECORD

CHEMICAL SKIN PEELING

Student Name

Candidate Number

SKIN HEALTH ASSESSMENT

CLIENT REF DATE OF BIRTH DATE OF ASSESSMENT

PRACTITIONER NAME.....

INVESTIGATIVE CONSULTATION - INFORMATION UPDATE

Update and Sign Consultation Form as Appropriate

Has your health or medication changed since your last visit to us? Give details		✓ X
Any lifestyle, environment or dietary changes since your last visit? Give details		✓ X
Any changes to your stress level / sleep pattern since your last visit?		✓ X
Have you changed your skin care regime since you last visit? Give details		✓ X
Have noticed any recent changes to your skin / skin lesions? Give details		✓ X
Have you been in strong sunlight within the last 4 weeks?		✓ X
Are you going into strong sunlight in the following 4 weeks?		✓ X
Peel Patch Test	Last dated -	Next Patch Test due date -
Topical Anaesthetic Patch Test	Last dated -	Next Patch Test due date -
<p>Have you had any of the following treatments within the last 6 weeks?</p> <ul style="list-style-type: none"> <input type="radio"/> Waxing in the area to be treated <input type="radio"/> Electrolysis <input type="radio"/> A chemical peel <input type="radio"/> Laser / IPL hair removal <input type="radio"/> Laser/ IPL skin regeneration or other laser treatment? <input type="radio"/> Permanent makeup / Tattooing <input type="radio"/> Dermal Roller <input type="radio"/> Microdermabrasion <input type="radio"/> Botulinum Toxin Injections <input type="radio"/> Dermal Filler Injections <input type="radio"/> Hair colouring <input type="radio"/> Other – Please state 		

ASSESSMENT OF INFLUENCES ON SKIN HEALTH

LIFE STAGE	POTENTIAL IMPLICATION	✓ ✕
	Epidermal dehydration / TEWL	
	Dermal dehydration	
	Poor lipidity	
	Compromised NBF	
	Sensitised Reactive skin	
	Poor desquamation	
	Congestion	
	Oxidative Stress	
	Skin Fatigue	
	ECM Degradation	
	Premature ageing	
	Compromised healing capacity	
	Hormonal Influences	
	Glycation	
	Pigmentation irregularity	
Other implications – explain		
ENVIRONMENT	POTENTIAL IMPLICATION	✓ ✕
	Epidermal dehydration / TEWL	
	Dermal dehydration	
	Poor lipidity	
	Compromised NBF	
	Sensitised Reactive skin	
	Poor desquamation	
	Congestion	
	Oxidative Stress	
	Skin Fatigue	
	ECM Degradation	
	Premature ageing	
	Compromised healing capacity	
	Hormonal Influences	
	Glycation	
	Pigmentation irregularity	
Other implications – explain		

MEDICAL HEALTH AND WELLBEING /MEDICATIONS	POTENTIAL IMPLICATION	✓ ✕
	Epidermal dehydration / TEWL	
	Dermal dehydration	
	Poor lipidity	
	Compromised NBF	
	Sensitised / Reactive skin	
	Poor desquamation	
	Congestion	
	Oxidative Stress	
	Skin Fatigue	
	ECM Degradation	
	Premature ageing	
	Compromised healing capacity	
	Hormonal Influences	
	Glycation	
	Pigmentation irregularity	
Other implications – explain		
LIFESTYLE INFLUENCES	POTENTIAL IMPLICATION	✓ ✕
	Epidermal dehydration / TEWL	
	Dermal dehydration	
	Poor lipidity	
	Compromised NBF	
	Sensitised Reactive skin	
	Poor desquamation	
	Congestion	
	Oxidative Stress	
	Skin Fatigue	
	ECM Degradation	
	Premature ageing	
	Compromised healing capacity	
	Hormonal Influences	
	Glycation	
	Pigmentation irregularity	
Other implications – explain		

DIETARY AND NUTRITIONAL INFLUENCES	POTENTIAL IMPLICATION	✓ ✕
	Epidermal dehydration / TEWL	
	Dermal dehydration	
	Poor lipidity	
	Compromised NBF	
	Sensitised Reactive skin	
	Poor desquamation	
	Congestion	
	Oxidative Stress	
	Skin Fatigue	
	ECM Degradation	
	Premature ageing	
	Compromised healing capacity	
	Hormonal Influences	
	Glycation	
	Pigmentation irregularity	
Other implications – explain		
INFLUENCES OF EXISTING SKIN CARE REGIME	POTENTIAL IMPLICATION	✓ ✕
	Epidermal dehydration / TEWL	
	Dermal dehydration	
	Poor lipidity	
	Compromised NBF	
	Sensitised Reactive skin	
	Poor desquamation	
	Congestion	
	Oxidative Stress	
	Skin Fatigue	
	ECM Degradation	
	Premature ageing	
	Compromised healing capacity	
	Hormonal Influences	
	Glycation	
	Pigmentation irregularity	
Other implications – explain		

**SUMMARY OF SKIN HEALTH AND HEALING CAPACITY FROM HOLISTIC SKIN ASSESSMENT –
REFERENCE IMPLICATIONS TO TREATMENT PLAN AND ADAPTATIONS**

Empty box for notes and reference implications.

VISUAL SKIN ANALYSIS

PRIMARY SKIN TYPE	SECONDARY SKIN TYPE
<input type="checkbox"/> Normal / Balanced <input type="checkbox"/> Oily <input type="checkbox"/> Lipid Dry <input type="checkbox"/> Combination T Zone <input type="checkbox"/> Sensitive <input type="checkbox"/> Acne - Grade 1 2 3 4 5 <input type="checkbox"/> Rosacea	<input type="checkbox"/> Early Ageing <input type="checkbox"/> Moderate Ageing <input type="checkbox"/> Advanced Ageing <input type="checkbox"/> Dehydrated <input type="checkbox"/> Photo-damaged <input type="checkbox"/> Sensitised / Reactive
LIFE STAGE - Women	LIFE STAGE - Men
<input type="checkbox"/> Puberty <input type="checkbox"/> Menstruation / Child Bearing <input type="checkbox"/> Pregnant / Brest Feeding <input type="checkbox"/> Peri-Menopausal <input type="checkbox"/> Post Menopausal	<input type="checkbox"/> Under 18 <input type="checkbox"/> 18 - 30 <input type="checkbox"/> 30 - 55 <input type="checkbox"/> Over 55
FIZPATRICK SCALE	GLOCAU SCALE OF PHOTOAGEING
<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6	<input type="checkbox"/> 1 - Mild <input type="checkbox"/> 2 - Moderate <input type="checkbox"/> 3 - Advanced <input type="checkbox"/> 4 - Severe

OBSERVATIONS AND ASSESSMENT	
Integrity of Extra Cellular Matrix - Collagen	
Integrity of Extra Cellular Matrix - Elastin	
Integrity of Extra Cellular Matrix - Hyaluronic Acid, Dermal hydration & volume	
Skin Adhesion at the DEJ	
Epidermal Hydration	
Epidermal Lipidity	
Sebaceous Activity	
Hyperkeratosis / poor desquamation	
Overall assessment of Natural Barrier Function	
Skin Pigmentation and irregularities	
Vascular colour of the skin and vascular lesions / damage	
Levels of natural sensitivity or imposed reactivity	
Lines / Winkles / Folds – types and location	

Glycation	
Dropped facial contours	
Skin Texture and Thickness	
Congestion	
Acneic Lesions	
Scarring – Type & location	
Sepsis, inflammation,, swelling	
Anomalies / primary or secondary lesions	
Considerations of skin condition relative to required treatment adaptations	

RECOMMENDED CHEMICAL PEELING TREATMENT PLAN
TREATMENT 1 - Peel Formulation / Timing -
TREATMENT 2 - Peel Formulation / Timing -
TREATMENT 3 - Peel Formulation / Timing
ANTICIPATED FREQUENCY OF TREATMENTS -

TREATMENT RECORD	
AREA TREATED	
DEGREASE PROCEDURE	
PEEL BRAND	
PEEL AGENTS	
PEEL AGENT PERCENTAGES	
FORMULATION pH	
BATCH NUMBER (S)	
APPLICATION METHOD	
LAYERING	
TREATMENT TIMING	
NEUTRALISATION METHOD	
SKIN REACTION	
ADVERSE EVENTS	
POST TREATMENT PRODUCTS	
TREATMENT REVIEW DATE	
NEXT TREATMENT DATE	
NOTES	

RECOMMENDED HOME CARE REGIMEN	
CLEANSE	
EXFOLIATION	
ANTIOXIDANT	
HYDRATION	
LIPIDITY / NOURISHMENT	
CONDITON –SPECIFIC CARE	
SUNSCREEN	
OTHER	

CLIENT FEEDBACK

Are you happy with the treatment you have received today?

Please provide any feedback that you may have

Client Signature

ADDITIONAL NOTES