



SKIN ASSESSMENT

CLIENT NAME**CLIENT REF** **DATE OF BIRTH**

PRACTITIONER NAME **DATE OF INITIAL ASSESSMENT**

PRIMARY SKIN TYPE

- Normal / Balanced
- Oily
- Lipid Dry
- Combination T Zone
- Acne - Grade - 1 2 3 4 5

SECONDARY SKIN TYPE

- Mature
- Sensitive
- Dehydrated
- Sun damaged

FITZPATRICK SCALE

- 1
- 2
- 3
- 4
- 5
-

GLOCAU SCALE

- Slight Premature Ageing
- Moderate Premature Ageing
- Advanced Premature Ageing
- Severe Premature Ageing

CURRENT PRODUCT USE

PRODUCT	TYPE	BRAND	FREQUENCY OF USE	SUITABILITY
Cleanser				
Toner				
Day Moisturiser				
Night Cream				
Serum				
Eye Product				
Exfoliant				
Mask				
Sun Screen				
Other				



ZONAL SKIN ASSESSMENT

ZONAL ANALYSIS	ZONE 1 FOREHEAD	ZONE 2 EYES/TEMPLES	ZONE 3 U. CHEEK/ NOSE	ZONE 4 L.CHEEK/MOUTH	ZONE 5 CHIN / JAWLINE	ZONE 6 NECK	ZONE 7 DECOLLETE
Loss of Collagen							
Loss of Elasticity							
Loss of Skin Density							
Epidermal Thickening							
Loss of DEJ Adhesion							
Loss of Volume / HA							
Glycation							
Loss of Muscle Tone							
Lines / Wrinkles							
Dropped Contours							
Signs of Photoageing							
Sun Tanned Skin							
Freckles							
Solar Lentignes							
Actinic Keratosis - pigmented							
Actinic Keratosis - advanced							
Moles - normal							
Moles showing change							
Melasma							
PI Hyperpigmentation							
PI Leucoderma							
Vitiligo							
Poor Blood circulation							
Palour							
Signs of Aneamia							

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Under Eye Dark Circles							
Poor Lymphatic Circulation							
Oedema							
Signs of Sensitivity							
Permanent Diffused redness							
Fast Vascular Responses							
Rosacea							
Telangiectasia							
Cherry Angioma							
Eoidermal Dehydration TEWL							
Dermal Dehydration							
Epidermal Lipid Deficiency							
Poor Sebaceous Secretions							
Milia							
Compromised Barrier Function							
pH Imbalance							
Poor desquamation							
Slow Healing Capacity							
Excess Sebaceous Secretions							
Acne – state grade							
Open Pore Texture							
Open Comedones							
Closed Comedones							
Papules							
Pustules							
General Inflammation							

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Cysts / Nodules							
Excoriated Blemishes							
Macular Acne Scarring							
Hypotrophic Scar Tissue							
Hypertrophic Scarring							
Keloid Scarring							
Seborrheic Warts							
Sebaceous Hyperpasia							
Skin Tags							
Viral Warts							
Superflous Hair							
Other							

NOTES

RECOMMENDED PRODUCTS	METHOD OF USE	FREQUENCY OF USE	PRODUCT COST