



mesopeel
advanced dermapeels
by mesoestetic®



sallydurant
aesthetic education & training

TROLLEY REQUIREMENTS FOR PEEL TREATMENTS

- Water for cleansing
- Cold Water for rinsing the skin post peel
- Hydra Milk Cleanser
- Hydratonic
- Pre-procedure cleansing solution for degreasing- Use with small rough gauze.
- Mesolips protector & cotton buds
- Gel Peel solutions- 1.8pH Level 4 programme
 - 20% & 35% Glycolic
 - 30% & 40% Lactic
 - 10% & 20% Salicylic
 - 30% Mandelic
- Liquid peel solutions – level 4 programme
 - Mesopeel Melanostop– 36% peel at 0.9pH
 - Mesopeel Azelan – 40% peel at 1.5pH
 - Mesopeel – Modified Jessner 36% peel at 1.5pH (No resorcinol)
- Fan brush or small gauzes for application
- Post peel neutralising spray
- Crystal fibre mask
- Post procedure fast skin repair
- Moisturising sun protection SPF50+
- Cotton pads in small bowls
 - Small for eye pads
 - Larger oval for removal of cleanser
- Soft gauzes for post treatment rinsing of the skin in a small bowl
- Plastic bowls x 2 for water
- Timer

MESOESTETIC PEEL PROTOCOLS

Phase I: skin preparation

- Prepare bowl of warm water and a bowl of cold water and prepare wet gauzes an place around the sides of the bowl with cold water
- Apply hair protection
- Cleanse and tone the area to treat with [hydra milk cleanser](#) and [hydratonic](#).



- Pat the skin dry
- Degrease with [pre-procedure cleansing solution](#).
Note- This step is essential in order to optimise the effect of the peel.
- Use a Rough gauze 2x2 size - It must be wet but not dripping with the solution
- Fold into a triangle and using your thumb or fingers apply very firm pressure over the skin systematically from the forehead down - rub side to side - when working over the cheeks it is better to perform outward movements and support skin.
- Expect to see erythema
- When applying on areas of the body, degrease directly

Phase II: protect sensitive areas

- Protect delicate areas (outer corner of the eyes, nostrils and mucous membranes) with [mesolips](#) protector
- Protect areas of semi-permanent make-up and moles



Phase III:

Application of gel peel

- The peel should be controlled from the initial moment of its application
- Pour between 3 and 5 ml of **mesopeel** into a measuring beaker -according to the treatment area
- Using a fan brush apply and spread the peel quickly and evenly - start with the forehead and continue towards the cheeks, chin, around the mouth and nose
- **Cotton buds:** Cotton buds are very useful for applying the product to small, difficult to reach areas: perilabial area, periorcular area or isolated lesions (lentigos, deep wrinkles)



Application of liquid peel

- Pour 3mls into the beaker
- Set the timer
- Apply with a small rough gauze folded to make a small triangle
- Start timer and then apply
- Sweep over forehead from the centre outwards then follow with the cheeks, chin, nose and top lip
- Coverage should be even and systematically applied all over with a very light pressure
- Application should take no more than 30-40 seconds







Sensations

- The patient may notice some tingling or stinging. We advise fanning or ventilating to relieve this sensation
- Check sensory perception – Scale 1-10

Timings

- First treatments 1-4 minutes
- Subsequent treatments progress time up to 10 minutes in accordance with client needs and sensation levels

hydroxy acids	face	neck	body
 mesopeel glycolic 20%	10	2	10
mesopeel glycolic 35%	10	2	10
mesopeel glycolic 50%	6	1,5	6
mesopeel glycolic 70%	3	1	from 1 to 3
 mesopeel lactic 30%	10	2	10
mesopeel lactic 40%	7	1,5	10
mesopeel lactic 50%	7	1	from 3 to 5
 mesopeel salicylic 10%	10	3	10
mesopeel salicylic 20%	7	2	7
mesopeel salicylic 30%	5	1,5	from 3 to 5
 mesopeel mandelic 30%	10	2	10
mesopeel mandelic 40%	7	1,5	7
mesopeel mandelic 50%	5	1	from 3 to 5

Phase 1V: remove and neutralise

- Wash the treated area 3 times - starting with the centre and cheeks and finishing with the forehead
- Spray with [post-peel neutralizing spray](#) to neutralise the chemoexfoliation and restore the skin's pH level
- If frosting occurs in any areas, before the full time has passed - neutralise these specific areas and leave the remaining peeling agent to work for the remainder of the time
- The neutraliser is not washed off but remains on the skin under the mask

Phase V: regenerate and repair.

- To soothe, nourish, repair and calm the skin, apply the [post-peel crystal fiber mask](#) on the facial area - adapt it to the anatomical shape
- In other areas, apply a thick layer of anti-stress face mask
- Allow to work for 20 minutes and then remove with water



Phase VI: finish and protect, advise and give recommendations.

- Massage in [post-procedure fast skin repair](#) finishing cream until fully absorbed – this will encourage reepithelisation of the tissues
- Finish the treatment with a dose of [moisturising sun protection SPF50+](#) to protect the skin from harmful UV rays
- Give full aftercare and recommend a course of



treatments – x 6 every 2 weeks apart