

PRACTICAL MARK BREAK DOWN FOR L4 MICRO-NEEDLING EXAMINATIONS

Exam Duration - 2 hours

ASSESSMENT CRITERIA	TIMING & ALLOCATED MARKS
1. Appearance and Department	N/A
<ul style="list-style-type: none"> • Presented themselves professionally according to clinical requirements for uniform, hair, shoes, hosiery, nails, jewellery, piercings. • Demonstrated good sitting or standing posture throughout the treatment 	5 (*4) 2
TOTAL	7 (*4)
2. Initial Client Consultation	5 MINS
<ul style="list-style-type: none"> • Established that no contraindications were present and noted any restrictions or adaptations to treatment that might be relevant 	2 (*1)
TOTAL	2 (*1)
3. Completed Procedures for Informed Consent	10 MINS
<ul style="list-style-type: none"> • Completed procedures for informed consent to include: <ul style="list-style-type: none"> – Explained benefits and effects of single treatment and regular treatments – Explained procedures – Explained sensations – Explained both normal and any potential adverse reactions – Explained realistic expectations – Followed protocol for documentation and gained signatures for consent 	2 (*1) 2 (*1) 2 (*1) 2 (*1) 2 (*1) 2 (*1)
TOTAL	12 (*6)
4. Client Preparation	10 MINS
<ul style="list-style-type: none"> • Ensured comfort of the client on the couch • Appropriately removed or covered clothing • Applied hair protection efficiently and thoroughly • Carried out efficient and effective cleansing procedures to include: <ul style="list-style-type: none"> – Use of correct product – Dexterity of procedure – Efficiency of cleanse outcome 	1 1 1 1 1 1
TOTAL	6 (*3)

5. Taking Pre-Procedure Photographs	5 MINS
<ul style="list-style-type: none"> • Took accurate clinical photographs pre treatment in line with protocol to include : <ul style="list-style-type: none"> – Correct lighting – Correct distance – Front and side images taken – Labelling of photograph – Observation of sanitation procedures before and after taking photographs 	<p>1</p> <p>1</p> <p>3</p> <p>1</p> <p>2 (*2)</p>
TOTAL	8 (Min 5)
6. Zonal Skin Assessment	10 MINS
<ul style="list-style-type: none"> • Concluded primary skin type • Concluded Fitzpatrick skin type • Assessed secondary skin characteristics in each zone of the skin to be treated to include: <ul style="list-style-type: none"> – Collagen and elastin integrity – DEJ adhesion – Dermal hydration and Volume (HA) – Epidermal hydration – Epidermal Lipidity – Overall Natural Barrier Function – Pigmentation irregularities – Vascular damage – Skin reactivity – Indications of intrinsic disorders and deficiencies– eg Anaemia, hormonal imbalance, poor healing, glycation – Skin texture and thickness – Anomalies / Inflammatory conditions / localised lesions 	<p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p>
TOTAL	14 (*8)
7. Skin Preparation – Topical Anaesthesia Application	35 MINS
<ul style="list-style-type: none"> - Efficiently, safely and evenly applied a local anaesthetic - Allowed appropriate time for Anaesthesia effect 	<p>2 (*1)</p> <p>1</p>
TOTAL	3 (*1)
8. Assessment of Skin Healing Capacity	Included in Time for 7
<ul style="list-style-type: none"> • Established skin health and potential for skin healing to include: <ul style="list-style-type: none"> – Environmental influences – Health and well being influences – Lifestyle influences – Dietary – Existing skin care regime 	<p>2 (*1)</p> <p>2 (*1)</p> <p>2 (*1)</p> <p>2 (*1)</p> <p>2 (*1)</p>
TOTAL	10 (*6)

10. Micro-Needling Procedure	30 MINS
<ul style="list-style-type: none"> • Carried out staged removal of the anaesthetic product • Carried out thorough and safe disinfection of the skin prior to the needling treatment • Gave professional and thorough explanations to client • Made appropriate choice of roller in line with professional sector boundaries • Opened the sterile packaging safely and efficiently • Worked with the appropriate pressure, speed and angle of roller device • Covered treatment area evenly and efficiently • Monitored the skin and client and made quick and effective responses (could include areas that required focus eg scars or deeper lines etc) 	<p>2(*1)</p> <p>2(*2)</p> <p>2(*1)</p> <p>1</p> <p>1</p> <p>3(*2)</p> <p>2(*1)</p> <p>2(*1)</p>
TOTAL	15 (*10)
11. Post Needling Procedures	5 MINS
<ul style="list-style-type: none"> • Safely disposed of the contaminated roller device • Effectively carried out rinsing of the skin with sterile saline solution • Safely disposed of all contaminated waste • Applied appropriate pre treatment products 	<p>2(*1)</p> <p>2(*1)</p> <p>2(*1)</p> <p>2</p>
TOTAL	8(*4)
12. Taking Post-Procedure Photographs	3 MINS
<ul style="list-style-type: none"> • Took accurate clinical photographs pre treatment in line with protocol to include : <ul style="list-style-type: none"> – Correct lighting – Correct distance – Front and side images taken – Labelling of photograph – Observation of sanitation procedures before and after taking photographs 	<p>1</p> <p>1</p> <p>3</p> <p>1</p> <p>2 (*2)</p>
TOTAL	8(*5)
9. Treatment Aftercare Instruction	5 MINS
<ul style="list-style-type: none"> • Discussed with the client aftercare instructions and recommendations for homecare and further treatment : <ul style="list-style-type: none"> - Antioxidant - Hydration - Lipid Replenishment - Condition specific product - Sunscreen 	<p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p>

13. Documentation	3 MINS
<ul style="list-style-type: none"> • Accurately recorded all treatment details in accordance with centre requirements to include: <ul style="list-style-type: none"> – Needle size – Techniques – Repetition – Skin and client reactions – Pre and Post products used – Review Date – Recommended subsequent treatment 	3 1 1 1 1 1 1
TOTAL	9 (*6)
14. Oral Questions	
<ul style="list-style-type: none"> • Four Questions with one mark per question 	4
TOTAL	4
15. Hygiene	
<ul style="list-style-type: none"> • Ensured tidiness of the work area throughout the treatment • Carried out hygienic procedures throughout • Used of PPE according to protocol • Disposed of clinical waste appropriately 	1 2 (*1) 1 (*1) 1 (*1)
TOTAL	5 (*4)
16. Communication & Client Care	
<ul style="list-style-type: none"> • Demonstrated Professional & appropriate communication throughout adapting for client needs 	2
TOTAL	2 (*1)
17. Commercial Considerations	
<ul style="list-style-type: none"> • Completed the treatment to a commercially acceptable time • Carried out cost effective use of products 	1 1
TOTAL	2 (*1)
18. SAFETY	
Demonstrated a clear understanding, and application of, safe practice throughout	1 (*1)
TOTAL MARKS	
TOTAL TIME	120 MINS