

THE CIBTAC / SALLY DURANT  
LEVEL 4 QUALIFICATION PORTFOLIO

UNIT 3

Investigative Consultation &  
Advanced Skin Assessment

MODULE 7 - CASE STUDY BRIEF



## **MODULE 7 CASE STUDY BRIEF**

### **UNIT 3 - INVESTIGATIVE CONSULTATION AND ADVANCED SKIN ASSESSMENT**

When you have completed the digital chalk modules for this Unit you will be ready to start the case study work.

#### **Rationale**

Practical case study tasks allow the contextualisation of theory to practice. This enhances safety and success in the workplace by the development of skill competency and commercial considerations.

#### **Aim**

The aims of the case study for Unit 3 - SDT03 are to ensure you can demonstrate the development of:

- your understanding of consultation skills leading to skin health assessment incorporating intrinsic and extrinsic influences
- your skill competency in the advanced visual assessment of skin health and condition, dysfunction, development of lesions and disease.
- your competency in the documentation of an investigative consultation, skin health assessment and informed consent to aesthetic treatment.
- your skill competency in the consent for and the taking of clinical photographs
- your understanding and compliance with GDPR in the documentation and storage of client information and imagery
- your skill competency in progressive treatment planning based on your client assessment

#### **Case Study Resources**

To assist you in the completion of your case studies we supply you with the following documentation. (These can be found on the Student Learning Zone on our website.)

- Consultation Form
- Key Indicator Support Tool
- Investigative Consultation Client Review
- Informed Consent to Photography
- Zonal Skin Assessment Chart
- Client Assessment and Treatment Record

## Client Selection

To complete your Case Studies, you should select **3 clients** who can provide you with a broad range of skin conditions and intrinsic and extrinsic influential factors. The more varied your clients are the more you will learn from this exercise you choose your clients.

Your 3 clients should fulfil the following criteria:

### - Age

You **MUST** select one client for each age range

- 16 – 25
- 30 – 45
- 50 +

### - Skin Type / Condition

You should select your clients with a variety of principle skin conditions such as **(These are suggestions and FOR GUIDANCE ONLY – you do not need to cover all of them)**

- Oily / comedonal
- Acne
- Early ageing
- Mid ageing
- Advanced ageing
- Premature aging / sun damage
- Pigmentation Irregularity
- Sensitivity / vascular damage
- Acne rosacea
- Epidermal / dermal dehydration
- Peri or post-menopausal clients
- Lipid dry

### - Intrinsic and Extrinsic influences

Your chosen clients should evidence a range of lifestyles, levels of general health, environment, approaches to skin care and treatment to give variance to your case studies.

## Completing your Case Studies

1. Conduct a full client consultation on each client using the Sally Durant Client Consultation Form and your own questions to invite the client to expand on the detail given.
2. Use the key indicator tool to help you ascertain the prevalent influences on skin health and condition.
3. Use the Investigative Consultation Review form to explain the implications of the information given and **how** they will affect the skin.
4. Gain Informed Consent to photographing your client.
5. Cleanse the skin and take 3 clinical photographs of the face and neck, one from the front and one from either side. Follow the full protocol for this procedure in respect of spacing, lighting and the labelling system – keep to GDPR storage guidelines.
6. Perform a full Zonal Skin Analysis using the form provided.
7. Document your findings using the Client Assessment Document which will enable you to formalise your assessment of the client as required for practical procedures.
8. Conclusion per Client - You must provide a full conclusion to each case study.
9. Overall Conclusion – You must provide a full conclusion for the completions of your case study as a whole exercise explaining what you have learned from completing the case studies and how it will impact on your ongoing client consultation and assessment practices.

## **DOCUMENTING AND SUBMITTING YOUR WORK.**

You need to submit your work electronically for marking and then, once marked and passed by your tutor print it off for presentation in your Portfolio of Evidence. It is important to the professionalism of your Case Studies that they are formatted in sections as described below and all pages and references are numbered.

Prepare all the text elements of your Case Studies on your computer and organise your work in the sectioned format required. Copy and paste all photographic evidence into the relevant sections and scan / photograph and insert all handwritten documentation e.g. your client's consultation and consent forms. Your case studies should be presented and marked prior to your mock examination and transfer to your Portfolio of Evidence for checking prior to your final exam.