



sallydurant
aesthetic education & training

TROLLEY REQUIREMENTS FOR PEEL TREATMENTS

- Facial Cleanser
- Neostrata Pre Peel Solution
- 20% SRS peel: pH = 1.6
- 35% SRS peel: pH = 1.3
- 30% Clarifying peel 1.6pH
- 30% Brightening peel 1.6pH
- Neostrata Neutralising Solution
- Neostrata Bionic Face Cream or Serum
- Neostrata Antioxidant Serum
- Neostrata Daytime Smoothing Cream SPF 15
- Neostrata Sheer Physical Protection
- Cotton rounds
- X10 - 4 x 4 gauze pads
- Fan brush
- Non-latex gloves
- 2 large bowls - 1 warm water, 1 cold water
- Small glass or ceramic bowl
- Eye protection – vaseline and eye pads / laser eye shields

NEOSTRATA PEEL PROTOCOL

Preparation

- Prepare bowl of warm water and a bowl of cold water and prepare wet gauzes an place around the sides of the bowl with very cold water
- Apply hair-protection
- Double cleanse with Neostrata Facial Cleanser



- Degrease the skin with Neostrata pre peel solution applied all over the face or are to be treated
- Apply systematically with one single wipe to all areas. Wipe from the forehead down



Protection

- Apply vaseline with cotton applicator to outer and inner corner of eyes, around naso-labial folds, nostrils and around vermilion border of lips and to any raised or open lesions
- Cover eyes with cotton pads or shields- cotton pads are best split in half and folded over – longer part facing towards nose

Selection of the peel

- Always start with the 20% peel for a maximum of 5 minutes
- Once tolerated at 20% for 5 mins progress to 35%
- Once tolerated at 35% for 5 mins progress to 50% (Medical)
- Once tolerated at 50% for 5 mins progress to 70% (Medical)
- Brightening & Clarifying peels can be used to increase glycolic peel effects – apply direct to the skin before peel application



Application of the peel

- Set timer
- Apply a thin coat of the Neostrata peel solution to the entire face avoiding the eyes and mouth
- Apply the peel with a fan brush using gentle strokes.
This should be quick and take no more than 30-40 seconds
- Start from forehead both right and left sides, moving to the cheeks both right and left sides following with the chin, nose and upper lip
- If upper cheeks look sensitive this could be the last area applied - make sure all the skin has been covered and check under the mandible

Sensations

- Monitor skin closely for changes
- This peel will usually be quite tolerable and create an 'itchy' sensation although it can also feel warm .
- You may see erythema but any unusual reactions or signs of undue discomfort such as a strong burning sensation, major redness or frosting, will indicate that the peel needs to be removed
- Should any of these symptoms occur neutralise and remove the peel

immediately

Timings

- These peels can be left on the skin for up to 5 mins maximum for glycolic on its own
- When applying the peel boosters under the glycolic – leave for 2 mins and follow with glycolic for up to a further 5 minutes- 7 in total
- Fitzpatrick V and VI 3 mins initial maximum and progress up the scale more slowly

Remove and neutralise

- Neutralize with Neostrata Neutralising Solution - spray directly onto the skin quickly and thoroughly
- Hold the bottle up right and close to the skin's surface
- The peel will show as a 'white foam' as it neutralises
- Continue to neutralise until the solution ceases to turn white and the client's skin feels calm
- Remove all traces of the peel and neutralising solution by wiping over the skin with wet cold water gauzes
- Apply cold compresses to ensure the skin is fully cooled
- Using a cotton applicator, remove any remaining Vaseline



Apply post treatment products, advise and give recommendations.

- Use clean safe methods of picking up bottles
- These products can be applied directly to the skin – Pat to apply and gently smooth over the skin to encourage absorption
- Soothe and protect by applying
Neostrata Bionic Face Cream or Serum
Neostrata Antioxidant Serum
- Finish by applying Neostrata Daytime Smoothing Cream
SPF 15 or Sheer Physical Protection
- It is also possible to soak a gauze in the Hydr8 B5 product and apply to the skin



for 10 minutes as a mask treatment for maximum hydration and then finish as above with the Medik8 Mineral SPF 50

- Give full after care and recommend a course of treatments

6 treatments every 4 weeks

For acne – 6-12 treatments every 2-4 weeks

Maintenance treatments each month with a break of 3 months after each course

